COVID-19 Reminders & Must Knows

IMPORTANT INFORMATION & REMINDERS
REMINDER: Masks

Masks are required in all buildings all the time!
Excerpt from the ISBE/IDPH guidelines:

All persons on school grounds including students, teachers, school nurses, administrative and secretarial staff, food service personnel, custodial staff, public safety personnel, etc., **must wear a face covering at all times when in school or in transit to and from school via group conveyance** (i.e., school buses), unless a specific exemption applies. The face covering should have two or more layers to stop the spread of COVID-19, and should be worn over the nose and mouth, secured under the chin, and should fit snugly against the sides of the face without gaps.

- Masks CANNOT have vents on them of any kind.*
- Athletic face coverings (e.g., ‘gaiters’ / neck warmers are **NOT** allowed)
- This applies to EVERYONE

*N95 masks with vents are approved for use by nurses only*
Remember: Physical Distancing

- Follow the district’s Social Distancing policy!
- Keep a 6-foot distance so you will not have to quarantine for exposure to a POSITIVE case!
COVID-19 SYMPTOMS

- Fever of 100.4 F or higher
- Headache
- Shortness of Breath
- Sore Throat
- Vomiting
- Diarrhea
- Abdominal Pain/Stomachache
- Congestion or Runny Nose
- New Loss of Taste or Smell
- Nausea
- Fatigue
- Muscle or Body Aches
- Cough

If you ANY one or more of these symptoms, you MUST notify your School & Quarantine
REMINDER: Self-Certification

Staff:
- You MUST Self-Certify that you are symptom and fever free DAILY through Skyward

Students:
- ALL students must be temperature checked and symptom screened daily
- A self-certification slip can also be accepted
COVID-19 DECISION TREE

- You can find the COVID-19 Decision Tree on the PPS district website under SPRING 2021 REOPENING.
COVID-19 DECISION TREE – COVID Positive

▪ You **must** quarantine for 14 days

▪ In order to return to the building
  ▪ Symptom free for 24 hours
  ▪ Completed the quarantine period
  ▪ Obtain a release from isolation letter from your LHD

▪ Contact tracing must occur for a period of 48 hours prior to the positive test

▪ Any close contacts must also quarantine for 14 days
  ▪ And obtain a release from quarantine letter from your LHD
COVID-19 DECISION TREE – COVID Symptoms

- You **must** quarantine for 10 days

OR

- Have a Negative COVID Test. The test must be taken within 48 hours of the onset of symptoms

- In order to return to the building
  - Symptom free for 24 hours
  - Completed the quarantine period or negative COVID test
  - Documentation MUST be sent to the school prior to return
COVID-19 DECISION TREE – Alternative Diagnosis

- You **must** quarantine for 10 days

OR

- Provide a PCP’s note indicating that the symptoms are NOT COVID for **Each Episode**

In order to return to the building
- Symptom free for 24 hours
- Completed the quarantine period or PCP’s note stating NOT COVID
- Documentation MUST be sent to the school prior to return
- A PCP’s note must be obtained for each episode of symptoms
If a sibling or a member of your household is symptomatic the entire household must quarantine.

- You **must** quarantine for 10 days

OR

- The symptomatic person has a Negative COVID Test. The test must be taken within 48 hours of the onset of symptoms.

In order to return to the building

- Symptom free for 24 hours
- Completed the quarantine period or negative COVID test for symptomatic household member/sibling
- Documentation MUST be sent to the school prior to return
Close Contact is defined as - *Within 6 feet of a person who has tested positive for COVID-19 for 15 minutes or more cumulatively within a 24 hour period.*

- You **must** quarantine for 14 days
- In order to return to the building
  - Symptom free for 24 hours
  - Completed the quarantine period
  - Obtain a Release from Quarantine letter from LHD
  - Documentation MUST be sent to the school prior to return

**It is recommended that you NOT get a COVID 19 test immediately! You should wait until you are symptomatic or 7 days before testing.**
Recap: Important Reminders

▪ If you have any ONE of the COVID symptoms, you must notify your school and quarantine or have a negative COVID test.

▪ If you have been a Close Contact to a CONFIRMED POSITIVE case, you must notify your school and quarantine.

▪ If you have a COVID-19 TEST administered for ANY reason at all, you must notify your school and quarantine.

▪ Due to privacy laws, personal information can only be shared with individuals on a need to know basis.

▪ If someone in your HOUSEHOLD has any of the listed symptoms, you must notify your school and EVERYONE in the household must quarantine, adults and children.

▪ If you travel internationally, you must notify your school BEFORE YOU LEAVE and quarantine for 14 days upon return.
COVID-19 Testing at PPS

PCR & Antigen Testing

- Both are a Non-Invasive nasal swap, similar to cleaning your ear
- Antigen results in 15 minutes
  - Antigen testing will NOT be available at all buildings
- PCR results in less than 24 hours
  - Gold Standard for COVID Testing
  - Available to families at Heartland Clinic, Trewyn Wraparound by appointment
ALL high school students attending in person will be subject to periodic COVID 19 testing.

Student testing will begin January 19th

Testing will be conducted Monday through Friday

Students who opt out of testing will be assigned to virtual learning

Students who refuse testing will be treated as a positive and quarantine for the 14 days or submit a negative test result to return

Results should be available within 24 hours
PPS Online Resources that are available:

- RTS Plan
- Decision Tree
- District Metrics
- Local COVID Testing Information

https://www.peoriapublicschools.org/Page/37009