

Attention Parents

On **January 25, 2016**, the Board of Education approved an update to **Board Policy 7:100**, requiring **physical and immunization compliance by the first day of school**. Students not in compliance by the first day of school (August 17, 2016), will not be allowed to start the school year until all health documentation requirements are met.

Families are strongly encouraged to schedule health appointments now, so that documentation can be prepared and turned in to your school, avoiding first day compliance issues.

Pre-Kindergarten:

- Physical exam – “Dated within one year of the first day of school”
 - Health history (completed and signed by parent/guardian)
 - Diabetes Screening Assessment (practitioner report)
 - Lead Risk Assessment (proof of blood test is required for students living in high-risk Zip codes 61602 through 61606) (practitioner report)
- 4 DTaP shots (Diphtheria, Tetanus, Pertussis)
- 3 Polio shots
- 1 MMR shot (Measles, Mumps, Rubella)
- 1 or more Hib shots (Haemophilus influenzae type B)
- 3 Hepatitis B shots
- 1 or more Pneumococcal shots
- 1 Varicella (Chicken Pox) shot or proof of having had the disease

Kindergarten:

- Physical exam – “Dated within one year of the first day of school”
 - Health history (completed and signed by parent/guardian)
 - Diabetes Screening Assessment (practitioner report)
 - Lead Risk Assessment (proof of blood test is required for students living in high-risk Zip codes 61602 through 61606) (practitioner report)
- 4 DTaP (Diphtheria, Tetanus, Pertussis) shots with last dose at age 4 years or later
- 4 Polio shots with last dose at age 4 years or later
- 2 MMR shots
- 2 Varicella (Chicken Pox) shots or proof of having had the disease
- Eye Examination – Due October 15th – “Dated within one year of the first day of school”
- Dental Examination – Due May 15th - “Dated within 18 months prior to May 15th”

2nd Grade

- Dental Examination – Due May 15th – “Dated within 18 months prior to May 15th”

6th grade:

- Physical exam – “Dated within one year of the first day of school”
 - Health history (completed and signed by parent/guardian)
 - Diabetes Screening Assessment (practitioner report)
- Proof of 1 Meningococcal shot (MCV4) – given at age 10 years or later.
- Proof of 1 Tdap (Adult Tetanus, diphtheria, and pertussis) shot – given at age 7 years or later
- Proof of 3 Hepatitis B shots (normally given in infancy – most students are already compliant)
- 2 Varicella (Chicken Pox) shots or proof of having had the disease
- Dental Examination – Due May 15th – “Dated within 18 months prior to May 15th”

9th grade:

- Physical exam – “Dated within one year of the first day of school”
 - Health history (completed and signed by parent/guardian)
 - Diabetes Screening Assessment (practitioner report)
- 2 Varicella (Chicken Pox) shots or proof of having had the disease

12th grade:

- Proof of 2 Meningococcal shots (MCV4) – with second dose given at age 16 years or later.
*If the first dose of MCV4 was given at age 16 years or later, then only one dose of MCV4 is required.

For students entering an Illinois school for the first time from a home schooling program, out of state, or from out of country:

- Proof of physical exam (Due within 30 days of school enrollment) – “Dated within one year of the first day of school”
- Up-to-date Immunization record (Due within 30 days of school enrollment)
- Grades K-12: Proof of eye exam – due by October 15th – “Dated within one year of the first day of school”

For students transferring from another Illinois school district:

- Proof of physical exam from last mandated grade level (Due within 30 days of school enrollment)
- Up-to-date immunization record (Due within 30 days of school enrollment)

*** Sports physicals are required every 395 days (1 year plus 1 month) for students participating in athletics (including cheerleading and dance). A sports physical does not replace a physical exam.

SCHOOL PHYSICALS - The "school" physical exam form must be completed on the 11/2015 updated "Certificate of Child Health Examination" form (http://www.isbe.net/pdf/school_health/child-health-exam-form-11-15.pdf).

The health care provider may indicate approval for sports for one year on that form.

SPORT PHYSICALS - are required annually (valid for 395 days); the parent and athlete must complete / sign the health history. The IHSA / IESA sport form (<http://www.ihsa.org/documents/sportsMedicine/2013-14/Pre-participation%20Examination%202013-14%20042413.pdf>) is NOT accepted as proof of the "school" physical exam.

MEDICATION AUTHORIZATION - For students to take their medication at school, the District Medication Authorization form must be completed and turned in to the school office annually. For inhalers only, a Xerox copy of the prescription label on the box substitutes for the health care provider portion of the form. (See form in "Back to School" mailing packet.)

For Epipens, the Illinois Food Allergy Emergency Action Plan and Treatment Authorization substitutes for the D150 school form. http://www.isbe.net/nutrition/pdf/food_allergy_emer_action_plan.pdf

For students with diabetes, the DMMP (Diabetes Medical Management Plan) serves as their insulin / glucagon order: <http://www.childrenshospitalofillinois.org/pdfs/specialty-services/pdrc/Diabetes-Medical-Management-Plan-6-2015-Option-2.pdf>
<http://www.childrenshospitalofillinois.org/pdfs/specialty-services/pdrc/Diabetes-self-management-skills-part-of-DMMP.pdf>

PHYSICAL EXAM

Students entering grades Pre-K, Kindergarten, 6th and 9th grade, and students enrolling in Peoria Public Schools for the first time from home school, out of state, or out of country are required to show proof of a physical exam dated within one year of the first day of school. Students entering from another Illinois school district must submit a physical exam for the mandated grade levels listed above.

If you need a doctor or clinic, call:

UnityPoint Health – Methodist CareFinder – 674-2273
OSF Saint Francis Medical Center – 1-888-627-5673
UnityPoint Health – Proctor Physician Referral – 691-1050

Heartland Community Health Centers

680-7600
1701 W Garden St
711 John H. Gwynn Jr. Ave
2321 N Wisconsin Ave
320 E Armstrong

IMMUNIZATIONS / LEAD TESTING

Peoria City/County Health Department
2116 N Sheridan Rd 61604
679-6655 – Immunizations / 679-6068 – Lead Testing

EYE EXAM

All students in kindergarten and grades 1 – 12 enrolling in Illinois for the first time from home school, out-of-state, or out-of-country are required to submit proof of eye examination. Eye examinations for children covered by a medical card / All Kids card are available at:

Bard Optical
7715 N Grand Prairie Dr 61615
691-1320

1200 W Main St 61606
672-2273

4620 N University St 61614
692-8222

8307 N Knoxville Ave 61614

Gary W. Lasken, O.D.
7815 N Knoxville Ave 61614
692-5500

Dennis Brtva, O.D.
801 W. Lake St Suite 1 61614
686-0763

Wal-Mart Vision Center
8915 N Allen Rd 61615
693-9873

3315 N University St 61604
682-0688

Carver Optical
3311 Sterling Ave Suite 9 61604
685-2020
713-3664
Medical card or \$30 cash

DENTAL EXAM

Students entering grades Kindergarten, 2nd and 6th are required to have a dental exam.

Peoria City/County Health Department

Dental services by appointment only. Must meet income guidelines
School Exams: \$30 cash and current All Kids card or Medical card at time of appointment
679-6141

DentaQuest

To help you find a dentist who will accept All Kids/Medicaid, call 1-888-281-2076

TRANSPORTATION

Transportation may be available for students covered by a medical card by calling First Transit at least 2 work days prior to the appointment – (877) 725-0569