

Peoria Public Schools
SEL/Crisis Response Related Resources

Document Description: This document is intended to be used to list resources for students, staff and families.

Hotlines	Contact	Information
CARES Line	(800) 345-9049	Families can call if their child is having a mental health crisis: It is a message forwarding system so they can leave a voice message and Children’s Home will get a call right back. School staff/families can also use this if they are uncertain about a mental health crisis situation for a student. During the call, they will be walked through what is happening, what are the next best steps to help the child, and then how to take those steps/what will happen next. If deemed appropriate, Screening, Assessment and Support Services (SASS) will provide crisis intervention services in an effort to children experiencing severe emotional or behavior problems due to mental illness. The CARES line is the first step towards receiving SASS assessment.
Crisis Text Line at 741741 (Students/Parents/Staff)	https://www.crisistextline.org/get-help/coronavirus	text “HOME” from a cell phone or Facebook Messenger. The Crisis Text Line is free, 24/7 support for those in crisis. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.
National Suicide Lifeline	https://suicidepreventionlifeline.org/ 1-800-273-8255	Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved

		ones, and best practices for professionals.
Emergency Response Services	https://www.unitypoint.org/peoria/contact-unityplace.aspx (309) 671-8084	UnityPoint Health – UnityPlace offers comprehensive addiction and mental health services to you and your family. The goal is to deliver comprehensive behavioral healthcare to optimize your well-being.
National Alliance on Mental Illness – Tri-County Illinois Online Support Group	https://namiillinois.org/online-support-group-registration-information/ 1-800-273-8255	In light of the spreading COVID-19 and stay-at-home orders, NAMI in Illinois is hosting support groups via Zoom web conferencing for the foreseeable future. It’s easy and confidential. -NAMI Family Support Groups -NAMI Connection Support Groups -NAMI Parents Support Groups -NAMI LGBTQ+ Connection Recovery Support Groups -NAMI Frontline Wellness Support Groups

Domestic Violence	Contact	Information
Center for Prevention of Abuse	https://www.centerforpreventionofabuse.org 1-800-559-SAFE	Provide Domestic Violence, Sexual Abuse/Assault, Human Trafficking, Adult Protective Services, and Prevention Education. CFPA operates 24 /7 365 days a year, and all victim services are free and confidential.
National Domestic Violence	https://www.thehotline.org/help/ 1-800-799-SAFE (7233)	At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.
Department of Child and Family Services (DCFS)	https://www2.illinois.gov/dcf/Pages/default.aspx (309) 671-7900	DCFS continues to operate its hotline and carry out investigations. As always, if you

	DCFS Hotline: 800-25-ABUSE (800-252-2873 or 800-358-5117	suspect a child is being abused or neglected, you should report it to the DCFS hotline immediately.
--	--	---

Housing Support/Legal Aid Resources	Contact	Information
Prairie State Legal Services	https://www.pslegal.org/default.asp (309) 674-9831 or (800) 322-2280	Illinois Legal Aid provides Illinois residents with user-friendly legal information, educational materials and forms; self-help resources; and other related materials. There, you can find information about your legal rights and responsibilities, referrals to free and low cost legal aid offices, and forms and instructions for representing yourself.

Staff/Family Supports	Contact	Information
VICARE PPS Staff and Dependent Counseling	Email: Ccampbell@vimedicus.com Phone: (309)264-3087	Free counseling services through Vicare are still available for employees and their dependents on Health Plan A or Health Plan B. Contact Corey Campbell to schedule an appointment.
Heart of Illinois 211	https://www.hoiunitedway.org/heart-of-illinois-united-way-2-1-1/ Call 2-1-1 If you have trouble connecting, call 309-999-4029 or visit the 2-1-1 website.	Heart of Illinois 2-1-1, is a free information and referral line to connect callers to critical health and human care programs. Confidential and available 24 hours a day, 365 days a year.

<p>Illinois Mental Health Collaborative</p>	<p>http://www.illinoismentalhealthcollaborative.com/news/The Warm Line Peer and Family Support by Telephone.pdf</p> <p>Call: 1 (866) 359-7953 TTY: 1 (866) 880-4459</p>	<p>The Warm Line is a new opportunity in Illinois for people with mental health challenges and their families to receive support by phone. Peer and Family Support Specialists are professionals who have experienced mental health recovery in their own lives as an individual or family member. They have been trained in recovery support, mentoring, and advocacy and are ready to listen and help you. The warm line is not a crisis hotline, but is a source of support as you recover or help a family member to recover.</p>
<p>Call4Calm</p>	<p>Text TALK or HABLAR to 552020</p>	<p>Get connected to a counselor in your area. Intended to provide support to those struggling with stress related to the COVID-19 pandemic. Service is free and available 24 hours a day, seven days a week. People seeking assistance will remain anonymous and will provide only their first name and zip code, which enables the service to link you to a counselor in your area who is knowledgeable about available local resources</p>
<p>Safe2Help Illinois</p>	<p>Email INFO@safe2helpil.com</p>	<p>A 24/7 tip line that gives students a safe and confidential way to share information that may help prevent suicides, bullying, school violence, or other threats to school safety; you can also access the website (safe2helpil.com) for additional resources.</p>