Peoria Public Schools
Middle School Athletic Manual
2021 - 2022

Athletic Director
A.J. Guyton
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PEORIA PUBLIC SCHOOLS

MIDDLE SCHOOL ATHLETIC PROGRAM
2021 - 2022

Calvin Coolidge
  Glen Oak
  Harrison
  Lincoln
  Lindbergh
  Mark Bills
Rolling Acres
  Roosevelt
  Sterling
  Trewyn
Von Steuben
Washington

**Officials' Fees**

- Softball – Plate - $45.00 & Bases $40.00
- Baseball – Plate - $45.00 & Bases $40.00
- Basketball - $65.00 (2 games) – 32.50 (1 game)
- Soccer - $28.00
- Volleyball - $55.00 (2 matches) 27.50 (1 match)
<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Event</th>
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<tbody>
<tr>
<td>Aug 9</td>
<td>M</td>
<td>Voluntary Training SFBALL &amp; BBASE can begin</td>
</tr>
<tr>
<td>Aug 23</td>
<td>M</td>
<td>Official Softball &amp; Baseball Practice begins (3 Days)</td>
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<tr>
<td>Aug 26</td>
<td>T</td>
<td>Rosters Due – Baseball &amp; Softball</td>
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<tr>
<td>Aug 28</td>
<td>Sat</td>
<td>Softball Opening Day</td>
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<tr>
<td>Aug 31</td>
<td>T</td>
<td>Baseball Opening Day</td>
</tr>
<tr>
<td>Sept 7</td>
<td>T</td>
<td>Girls Basketball Open Gyms can begin</td>
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<tr>
<td>Sept 13</td>
<td>M</td>
<td>Girls Basketball Tryouts can begin (3 days)</td>
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<tr>
<td>Sept 17</td>
<td>F</td>
<td>Rosters Due – Basketball (Girls)</td>
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<tr>
<td>Sept 20</td>
<td>M</td>
<td>Girls Basketball practice can begin</td>
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<tr>
<td>Sept 25</td>
<td>S</td>
<td>Basketball Season Begins (Girls)</td>
</tr>
<tr>
<td>Oct 4</td>
<td>M</td>
<td>Boys Basketball Open Gym can begin</td>
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<td>Oct 6, 9</td>
<td>TBD</td>
<td>Softball Semi, Softball Final</td>
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<td>Oct 14, 16</td>
<td>TBD</td>
<td>Baseball Semi, Baseball Final</td>
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<tr>
<td>Nov 1</td>
<td>M</td>
<td>Boys Basketball Tryouts (3 days)</td>
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<td>Nov 5</td>
<td>F</td>
<td>Boys Basketball Rosters Due</td>
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<tr>
<td>Nov 15-20</td>
<td>TBD</td>
<td>Girls Basketball Tournament</td>
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<tr>
<td>Nov 8</td>
<td>M</td>
<td>Boys Basketball practice can begin</td>
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<tr>
<td>Nov 22</td>
<td>M</td>
<td>Basketball Season Begins (Boys)</td>
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<tr>
<td>Jan 4</td>
<td>T</td>
<td>Volleyball Open Gym/Training can begin</td>
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<tr>
<td>Jan 18</td>
<td>T</td>
<td>Volleyball Tryouts can begin (3 days)</td>
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<tr>
<td>Jan 28</td>
<td>F</td>
<td>Volleyball Rosters Due</td>
</tr>
<tr>
<td>Feb 7</td>
<td>M</td>
<td>Volleyball Season Begins</td>
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<tr>
<td>Feb 7-12</td>
<td>TBD</td>
<td>Boys Basketball Tournament</td>
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<tr>
<td>Feb 28</td>
<td>M</td>
<td>Boys &amp; Soccer (Indoor) Training/Tryouts begin</td>
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<tr>
<td>Mar 4</td>
<td>F</td>
<td>Rosters Due - Soccer (Girls)</td>
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<td>Day</td>
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<tr>
<td>Mar 4</td>
<td>F</td>
<td>Rosters Due- Soccer (Boys)</td>
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<td>Mar 7</td>
<td>M</td>
<td>Boys &amp; Girls Soccer Practice begins</td>
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<td>Mar 14</td>
<td>M</td>
<td>Soccer Season Begins (Girls)</td>
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<td>Mar 15</td>
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<td>Soccer Season Begins (Boys)</td>
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<td>Mar 18/19</td>
<td>TBD</td>
<td>Volleyball Tournament (Girls)</td>
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<tr>
<td>Mar 28</td>
<td>M</td>
<td>Track Practice Begins</td>
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<tr>
<td>Apr 8</td>
<td>F</td>
<td>Rosters Due—Track</td>
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<tr>
<td>Apr 22</td>
<td>F</td>
<td>Track Season Begins</td>
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<tr>
<td>May 7,10</td>
<td>S</td>
<td>Girls Soccer Semi &amp; Final (Start Time TBD)</td>
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<td>May 9,12</td>
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<td>Boys Soccer Semi &amp; Final (Start Time TBD)</td>
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<td>Apr 22</td>
<td>F</td>
<td>Track Season begins</td>
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<tr>
<td>May 21</td>
<td>S</td>
<td>Track Season Ends</td>
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PEORIA PUBLIC SCHOOLS
MIDDLE SCHOOL ATHLETIC PROGRAM

Mission

PPS’ mission is to create development focused athletic programs to help students develop social & athletic skills to prepare them for high school. The goal is to fuse purpose driven athletic programs with education to help students develop a passion for education & leadership. In addition to personal development, teamwork, ethical and responsible behavior on the field and off, we want our sports program to help build a sense of pride in school buildings and the community.

Objectives

The PPS Middle School Athletic Program objectives are:
1. Create development focused sports programs
2. To bring structure & balance to student-athletes
3. Build character positive attitudes & values
4. Help student athletes understand the value of education
5. Preparing student-athletes for high school

DUTIES: Under the supervision of the school principal & Athletic Director, the Coach must:

To all PPS sports & activities
1. Be prompt and on time to practice and contests. Minimum 2 practices per week.
2. Coaches will present pertinent information to all student-athletes and their parents/guardians at a pre-season meeting.
3. Coaches are recommended to begin open training 2-3 weeks prior to the tryout date.
4. Team rules and regulations, in addition to any mentioned in this handbook, will be well-defined, distributed in writing, discussed, and enforced with all members of the team.
5. Arrive at the contest early enough to help set up (bases, clocks, equipment etc.) & provide pre-game preparation for the players.
6. Remain at each contest until the last player leaves or is picked up.
7. Promote & encourage sportsmanship and character in the student-athletes.
8. Keep equipment and uniforms in good condition.
9. Submit inventory to the principal before & after each season on equipment and uniforms.
10. Report missing or needed items to the building principal.
11. Coaches should assist with coordinating transportation for student-athletes to contest if a bus is not provided.
12. Model the sportsmanship and character we are trying to build in our student-athletes.
13. Only designated coaches receiving stipend are eligible to coach in games. Violation may result in termination.
14. In the event of COVID or unforeseen circumstance, the principal or director of athletics must approve of interim coach.
15. Coaches will attend a mandatory meeting with athletic director prior to the start of their season. (Athletic Director will arrange)

16. Principal and coach will coordinate bus pick-up and drop off for away games. Home school principal will appoint a designee to meet away team at bus drop off point. Designee will escort away team to waiting area where the away team will remain until their coach arrives.

**Ejection of a coach**
Any coach removed from a sport by virtue of ejection shall not coach that level in the next game. (Example: A coach removed from a JV game shall not coach the next JV game. A coach would be allowed to coach in the varsity game after being ejected from the JV game. The JV and varsity are seen as two separate teams.) A coach removed from a game must leave the immediate area and not be within the visual confines of the contest.

**Responsibilities of the Principal**
1. Select and hire competent coaches to work with the athletic program in his/her school. Coaches who do not currently work for the district must be board approved before they begin work.
2. Be accountable for the conduct of the coach, team members and student body.
3. Be responsible for hosting all home games scheduled in the various sports.
4. Enforce the eligibility rules as stated in this manual.
5. Implement all rules and policies as stated in this manual.
6. Enter all athletic rosters into skyward.
7. Ensure uniforms are available to student athletes prior to the start of the season.
8. Review with coaches the section of the Peoria Public Schools Emergency Control Plan entitled "Severe Weather" (Tornadoes), specifically Section A, Part 3, Item C.
9. Any emergency should be reported to the MS Athletic Director immediately.
10. Principal and coach will coordinate bus pick-up and drop off for away games. Home school principal will appoint a designee to meet away team at bus drop off point. Designee will escort away team to waiting area where the away team will remain until their coach arrives.
Admission Prices

Basketball Admission
Pre-School Free
$ 1.00 - Primary School K-4
$ 3.00 - All others

Volleyball Admission
Senior Citizens (60 or over with proper I.D.) will be admitted free.
(Fees Same as basketball)

District Athletic Passes
During the season/tournament it is limited to use of the district employee ID. Access will be granted to the district employee with the ID badge and one (1) guest. All others must pay for admittance to the games.

Supervision of Students
All coaches and cheerleading sponsors are responsible for the students on their team/squad. Coaches must make sure all students have rides after practices and games (home and away) before leaving for the day/night. Principals, assistant principals, etc. will not be responsible for any student left unattended while under the supervision of the head coach.

Communication
The school district's email system will be used to send all communications (scores, league standings, rosters, etc.) concerning the athletic program. Please remember, when sending rosters or other information that may have a deadline, email is the best form of communication because it is time stamped.

Emergencies
In case of an emergency -- summon the proper aid immediately.

Fire: 674-3131 or 911 for emergency
674-6615 (West Peoria)

Ambulance: Peoria Hospitals Mobile Services
1-800-457-1143 or 911 for emergency

Police: 673-4521 or 911 for emergency
697-8515 (Peoria County Sheriff)
Demario Boone Office – 672-6855 or 672-6828

Injury Procedures
Important notice to all employees -- any injury, no matter how slight, must be reported to the principal. A written accident report must be filled out immediately by the coach involved.

Snow Removal
Call Carl Sommerville (309-219-3149) with at least 24-hour advance notice. If personnel are not on duty, you may leave a message on the answering machine.
   a) State your name, telephone number, and the name of your building.
   b) State the time and date of your activity.
   c) Estimate the amount of parking space needed or the number of people expected to attend your activity.
   d) If there are specific parking areas that you would like to clear, please list them.

Severe Weather

Please review with your coaches the section of the Peoria Public Schools EMERGENCY CONTROL PLAN ENTITLED Severe Weather (Tornadoes), specifically Section A, Part 3, Item C.

Be certain you have a procedure for alerting coaches and students outside the building of severe weather and moving them to a place of safety.

Softball, baseball, and soccer games will end immediately if lighting is present. The officials will make this call.

Forfeit Procedure

Forfeits
Teams **will receive a win if the other team forfeits a game**. A team **does** receive a loss if they forfeit a game.

**Forfeit procedure**
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following explaining the reason for the forfeit and a plan to make sure the issue is not repeated:

1. A.J. Guyton @ arthur.guyton@psd150.org – 309-696-2358
2. Darrell. Jackson @ darrell.jackson@psd150.org, 309-672-6600 ext. 50104
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855
A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

**Athletic Eligibility**

**Age Requirement**
For all JV athletic activities, a student shall be eligible through age thirteen (13). If a student in an athletic activity becomes fourteen (14) at any time during the season, he/she is not eligible to participate in that activity.

For all varsity athletic activities, a student shall be eligible through age fifteen (15). If a student in an athletic activity becomes sixteen (16) at any time during the season, he/she is not eligible to participate in that activity.

**Attendance**
To participate in any contest, a student-athlete must be in attendance 50% of the day a contest is scheduled, or 50% of the day before if a contest is to be on a non-school day. Students should be present in school by 11:00 am to be eligible to play. No student may participate if he/she is absent for the entire day of the contest. If a partial day's absence is due to illness, personal, or family problems, the principal shall decide if a student may participate.

**Academic Requirements**
Eligibility shall be determined weekly during the scheduled season. Eligibility shall begin the Monday following the report. Eligibility goes for the entire week (Monday – Friday). A student who is deemed ineligible on a Friday shall remain ineligible for the entire next week even if grades are brought up throughout the week. An eligibility report should be run by an administrator on the last attendance day of the week. An administrator should email forfeitures for the coming week to:

- Mr. Guyton @ arthur.guyton@psd150.org – 309-696-2358
Mr. Jackson @ darrell.jackson@psd150.org - 309-672-6600 ext. 50104

The principal of the opposing school

richard.gould@psd150.org (school safety)

by the end of the day on Friday.

Minimum standards
Students who receive a cumulative semester average of an “F” in ANY subject will be ineligible for one week until the student has raised his/her grades to all passing. Grades should be taken from Skyward. “A student shall be doing passing work as determined by the local school district in all school subjects”. Grades only reset at the beginning of the second semester.

The principal is responsible for:
1. Weekly check of grades including specific course requirements being met.

2. Distributing the policy and rules sheet, as well as concussion information sheet, to each coach and ensuring both sheets are signed and on file in the office, indicating each student and parent acknowledge and fully understand the eligibility rules of the school as well as concussion procedures. (Forms can be found at the end of the handbook.)

Disciplinary Action

- A student may be declared ineligible by the principal, even though academic requirements have been met, if a committed offense is considered gross disobedience or misconduct.

- A policy shall not be interpreted to prohibit a coach from dismissing a student athlete from a sport if there is a violation of the coach/school/district rules.

- The principal or his/her designee has the final responsibility for the eligibility of the student.

- Suspended students are eligible to be reinstated if the student completes prerequisites established by the building principal and/or Middle School athletic director.

- Teams that refuse to accept their trophies or who refuse to show proper sportsmanship during the tournament may be banned from post-season play the following year. The athletic director will make that decision within 30 days of completion of the tournament.
Job Description

JOB TITLE: Coach/Cheerleading Sponsor
DIVISION: Recreation

QUALIFICATIONS: Education - Certified teacher in Peoria Public Schools. If a teacher is not available, the Middle school athletic director and school principal may approve:

1. Teacher’s Aide
2. College students in recreation, physical education, or related fields.
3. Other:

Knowledge and Ability - The person selected must have a good understanding of team sports, and ability and desire to assist middle school children in skill development.

Selected Person - Should show initiative with leadership qualities, be neat in appearance, tactful, and demonstrate the ability to work cooperatively with children.

Cheerleaders
- Each school may have a cheerleading squad.
- All squads will be allowed to cheer at home and away games.
- Eight (8) cheerleaders plus a mascot will be permitted on the gym floor at any given time. All other cheerleaders must be seated in the spectators’ area.
- Home cheerleaders (combined squads) may be allowed to do 3 dance routines a day. This routine must have the approval of the principal or designee. The principal or designee will determine the appropriate time for the routine to take place.
- Mounts and pyramids are not permitted.

Supervision of Students
All coaches and cheerleading sponsors are responsible for the students on their team/squad. Coaches must make sure all students have rides after practices and games (home and away) before leaving for the day/night. Principals, assistant principals, etc. will not be responsible for any student left unattended while under the supervision of the head coach.

Responsibilities of the Coach/Cheerleading Sponsor
1. Insure and collect from every athlete sports physical, the middle school athlete form and concussion form. The forms should be given to the principal and kept on file in the office.
2. Be accountable for the conduct of the team.
3. Be responsible to see that all program objectives and rules are observed and honored.
4. Responsible for collecting, distributing and inventory of all PPS equipment and uniforms.
5. Abide by the officials ‘decisions.
6. Work directly with the school principal & Middle School Athletic Director notifying him/her of any needed change in a program or schedule due to a conflict.
7. Pledge to maintain good sportsmanship with officials, coaches, teammates, fans, administrators, and other student athletes.

**Slow Pitch Softball**

The distance for bases is: 60 feet
Pitching distance: 40 feet (Back of home plate and to the front edge of the pitching rubber)

Each school must have a safety base to be used as first base. The base will be used in all games.

Softball cancellations will be made via district email as soon as possible before the close of the school day.

The top two teams of each league will participate in the district tournament. Trophies will be awarded to those teams at the tournament.

**Additions to any roster must be made before the first game of the season by sending the player’s name** and information to Mr. Guyton @ arthur.guyton@psd150.org. A new player may not play until approved by the building principal & Mr. Guyton & they have been officially added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

**Transfer Students**
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

Please report scores right after the game, 9:00 a.m. the day after the game at the latest. You may report any additional information at this time also. Any scores not reported by 9:00 a.m. will be reported in the report. All scores should be sent to arthur.guyton@psd150.org.

There will be two divisions in all sports – American and National

**SOFTBALL RULES**

1. Two officials will be provided for each game. The proper dress for an umpire will consist of a light shirt and dark pants or shorts.
2. A one hour and 30-minute time limit will be enforced. No inning may start following the passage of the time limit. *(EXCEPTION: TOURNAMENT PLAY)*
3. The ten (10) run rule will be enforced. A home team that is leading by ten (10) runs after four and one-half (4 1/2) innings, or a visiting team ahead by the ten (10) runs after five innings shall be declared the winner and the game will be terminated at that point in time. *(EXCEPTION: TOURNAMENT PLAY)*
4. A tournament game may be terminated anytime upon the request of the losing coach before the end of 7 innings.

*No academic eligibility. All students can play. Students may be made ineligible due to behavior issues as deemed by the coach or principal.*
5. Coaches may end the softball game before 4 1/2 innings if their team is more than 10 runs behind and it appears there is no opportunity to come back to win.
6. Each team must have at least (9) players to begin play (regulation is 10). Play will begin at the scheduled time. If a team doesn't have nine (9) players fifteen (15) minutes after the starting time, the game will be considered a forfeit. (Exception – A team does not forfeit a game due to a busing issue.)
7. **Free substitution on defense is permitted**, between innings, during the permitted two timeouts, or during a visit to the pitching mound.
8. The batting order for each team should be listed in the **home team’s score book** prior to the beginning of the game, including shirt #.
9. All catchers must wear a catcher’s mask/helmet (even when warming up a pitcher).
10. No metal spikes will be allowed.
11. Each team will provide one (1) leather softball.
12. The home team is responsible for the bases, stakes, and the keeping of the "official book."
13. It is recommended that batting helmets have a facemask attached.
14. A base runner that contacts a defensive player will be declared out. A flagrant act by a defensive player may also warrant ejection.
15. Contact at home plate must be made when a runner is sliding, or the player will be called out.
16. Each team will be allowed two (2) timeouts per game.
17. There is no limit to the number of innings that a pitcher can pitch.
18. A player coaching first base must always wear a helmet.
19. A player will be automatically out if swinging and missing strike three.

**Additional Softball Information:**

BATS: Maximum 34 inches in length and no more than 38 ounces and stamped "OFFICIAL SOFTBALL" by the MFG.

BASE STEALING: Stealing is not allowed.

ALL HITTERS AND RUNNERS: Must wear helmets that have extended earflaps that cover both the ears and temples.

CATCHERS: Must wear a catcher’s mask with helmet.

SOFTBALL: Same ball as fast pitch - 12 inch.

BATTERS: All batters begin with a 0-0 count. There is no 3rd strike foul rule.

**Procedure For Rainouts**

- If the game started and must be continued later, the principal of the home team will have to notify Mr. Guyton and there will be an attempt to establish a makeup date.
- The umpire will be paid if the game starts and then rains out.
- The game officials will have the final decision on whether a game will be called or suspended due to severe weather conditions.
- Umpires will call a game due to lightning.

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.
Ties
- Ties will be broken in the following manner:
  - Two-way tie = head-to-head competition
  - Three-way tie = head-to-head competition. If a winner cannot be determined, then the team who allowed the fewest runs between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.

Trophies for standings will be award to the first & second place finishers in the tournament

Baseball

Players
- Teams can play with a minimum of eight (8). The 9th spot in batting order will be counted as an out. If a team is unable to field eight players defensively at the start of the game, it will receive a forfeit loss for that contest. A minimum of eight players must be on the field during the entire game.
- There will be three outs per inning per team.
- The batting order for each team should be listed in the home team’s score book prior to the beginning of the game, including shirt #.
- Players can be freely substituted into defensive positions at any time during the game if a dead ball situation exists. Players that have already pitched in a game and have been removed cannot re-enter as pitcher in that same game.
- All players must be wearing the shirt provided by their school while on the bench or the playing field.
- A player will be removed from the game for: 1) Throwing equipment in anger or disgust, 2) Using profanity or socially unacceptable language while on the bench or playing field. NO warnings will be issued!

Games
- No new inning may begin after 1 hour and 45 minutes has elapsed.
- A new inning begins when the final out of the previous inning is made.
- All games will be seven innings except in the following situations:

<table>
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<tr>
<th>Situation</th>
<th>Solution</th>
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<tbody>
<tr>
<td>1. Team behind 10+ runs has batted 4 times</td>
<td>Game is over and complete</td>
</tr>
<tr>
<td>2. Game tied at the end of the time limit</td>
<td>Game will go into extra innings.</td>
</tr>
<tr>
<td>3. Team cannot field eight (8) players to start game</td>
<td>Forfeit win to team that has enough players – game over.</td>
</tr>
<tr>
<td>4. Game has gone 1 hour 45 minutes</td>
<td>No new innings may begin unless tie game.</td>
</tr>
<tr>
<td>5. Coach may forfeit the game at anytime</td>
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Play
- Base length will be 80 feet.
- Pitching rubber will be 54 feet from the back end of the home plate.
- There is no limit to the number of innings that a pitcher can pitch.
- All runners are required to slide or avoid contact with the fielder in any play at 2nd or 3rd base or home plate.
- Balks will be called by the umpire after one warning.
• Courtesy runner only applies to the catcher. It must be a player not in the game or the player who made the last out.

• Metal spikes are not allowed.

• All other rules will be the same as governed by the NFHS

Procedure For Rainouts

• If the game started and must be continued later, the principal of the home team will have to notify Mr. Guyton and there will be an attempt to establish a makeup date.

• The umpire will be paid if the game starts and then rains out.

• The game officials will have the final decision on whether a game will be called or suspended due to severe weather conditions.

• Umpires will call a game due to lightning.

Contact the building administrator to verify changes of game times, locations, or cancellations. Home teams must report scores before 9:00 a.m. the day after the game. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to michael.barber@psd150.org.

Rosters should be submitted to Mr. Guyton at arthur.guyton@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial, and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Guyton @ arthur.guyton@psd150.org. A new player may not play until approved by the building principal & Mr. Guyton & they have been officially added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Ties
Ties will break in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined, then the team who allowed the fewest runs between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.

Trophies for standings
Trophies will be awarded to the first and second place finishers in the tournament.
GIRLS BASKETBALL

General Information

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:
1. Mr. Guyton @ arthur.guyton@psd150.org– 309-696-2358
2. Mr. Jackson @ darrell.jackson@psd150.org- 309-672-6600 ext. 50104
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855
A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Basketball Rules & Regulations
Girls and boys will have two teams: JV (5th and 6th only) and Varsity.

Playing ineligible players due to age, playing in both varsity and junior varsity games or for academic reasons will result in the forfeiture of all games the player played in during the time of ineligibility.

No player may play on the junior varsity and the varsity team for any reason. Forfeiture of the games will be a consequence of illegal players playing.

Remember this is a middle school athletic program for players in grades 5 - 8 only who attend one of the 12 middle school sites listed in this manual. No student enrolled in 4th grade or below may participate.

Each game begins with both teams shaking hands as a sign of good sportsmanship. This eliminates the need for a post-game handshake. The sportsmanship announcement must be read before each game. It can be found at the back of the manual.

Important roster information

Any ineligible player who participates in a junior varsity or varsity contest, or who has not been playing according to the above roster rules, will result in forfeiture of all games in which the player participated.
**Transfer Students**
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the 3rd game of the season. Once the 3rd game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

**Home Team Responsibilities**
- Have a table set up, time clock, scoreboard, and score book available.
- Only official timers and scorekeepers will be allowed at the official's table. Students are not allowed to be either the official scorekeeper or timer. Please keep the table area clear and visible for officials and all concerned. The scorer's table is considered a neutral area -- there is to be no coaching from the scorer's table.
- Every game is to begin promptly at the scheduled time.

**Scorekeeper's Duties**
- Keep the official score book in order and properly recorded.
- All players must be listed in the score book three (3) minutes before the game.
- Notify officials of seventh and tenth team foul.
- Have the score book signed by both officials.

**Playing Regulations**
The official rules for all basketball contests shall be the Illinois High School Association Rules for the current year except herein:
- The home team will provide a leather Wilson or simulated leather regulation basketball for games. If in the opinion of the official, the home team's ball is not regulation, he may choose to use a visiting team's ball.
- Officials should be advised before the game by the timer and scorer as to what device will be used regarding game time, substitutions, etc.
- All games shall consist of four periods, each six (6) minutes in length. A rest period of (1) minute shall follow the first and third periods and a rest period of ten (10) minutes shall follow the second period, unless both coaches agree to a shorter time. If the score is tied at the end of the fourth period, a rest period of one (1) minute shall follow all subsequent periods of play. Overtime periods shall be three (3) minutes in duration.
- An individual knowledgeable of scoring procedures must be present at the score table and should be the official scorer.
- The rule regarding numbers and colors of uniforms as stated in the IHSA rule book shall not apply.
- Each team is allowed three (3) full time outs and two (2) thirty second time outs per game, according to current rules.
- Timeouts will not carry over.

**30 Point Rule**
When a team reaches the point of being 30 points ahead in the game, from that point on, the team in the lead may not pick up defensively until 1/2 court. In addition, the clock will run, except for timeouts. The scoring table must notify the referees of the 30-point difference at the next dead ball by sounding the horn and calling the referees to the table. The referees will then inform both coaches of the situation. Violation of the no full court press rule will result in a direct technical foul on the head coach. The clock will continue to run for the remainder of the game regardless of the score.

**Protests**
All protests must be put in writing and submitted to the building principal within 48 hours of the contest. The principal will then forward the protest to Mr. Guyton, and a ruling will be made. Protests based on plays, which involve an official’s judgment, are not permitted.

**Ejection of a coach**
Any coach removed from a sport by virtue of ejection shall not coach that level in the next game. (Example: A coach removed from a JV game shall not coach the next JV game. A coach would be allowed to coach in the varsity game after being ejected from the JV game. The JV and varsity are seen as two separate
A coach removed from a game must leave the immediate area and not be within the visual confines of the contest.

**Pressing During Junior Varsity Games**

1. To establish a flow to the junior varsity basketball games, the following rules will be followed:
   a. There will be **no full** court pressing of the opponent allowed during the first half (full 2 quarters) of the Boys/Girls junior varsity basketball games.
   b. Half court trapping is allowed during the entire game.
   c. A full court press may be utilized by a team during any time of the third or fourth quarters of the junior varsity contest.
2. Once a rebound has been established, all opposing players must drop back to half court before resuming a defensive position.
3. Full court pressing is allowed during all junior varsity tournament games.

Each team will play teams in their respective division twice,

**BOYS BASKETBALL**

**General Information**

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

**Forfeits**

**Forfeit procedure**

In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Guyton @ arthur.guyton@psd150.org – 309-696-2358
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No player may play on the junior varsity and the varsity team for any reason. Forfeiture of the games will be a consequence of illegal players playing.

Remember this is a middle school athletic program for players in grades 5 - 8 only who attend one of the 12 middle school sites listed in this manual. No student enrolled in 4th grade or below may participate.

Each game begins with both teams shaking hands as a sign of good sportsmanship. This eliminates the need for a post-game handshake. The sportsmanship announcement must be read before each game. It can be found at the back of the manual.

**Important roster information**
Any ineligible player who participates in a junior varsity or varsity contest, or who has not been playing according to the above roster rules, will result in forfeiture of all games in which the player participated.

Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the 3rd game of the season. Once the 3rd game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

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• All games shall consist of four periods, each six (6) minutes in length. A rest period of (1) minute shall follow the first and third periods and a rest period of ten (10) minutes shall follow the second period, unless both coaches agree to a shorter time. If the score is tied at the end of the fourth period, a rest period of one (1) minute shall follow all subsequent periods of play. Overtime periods shall be three (3) minutes in duration.
• An individual knowledgeable of scoring procedures must be present at the score table and should be the official scorer.
• The rule regarding numbers and colors of uniforms as stated in the IHSA rule book shall not apply.
• Each team is allowed three (3) full time outs and two (2) thirty second time outs per game, according to current rules.
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Protests
All protests must be put in writing and submitted to the building principal within 48 hours of the contest. The principal will then forward the protest to Mr. Guyton, and a ruling will be made. Protests based on plays, which involve an official’s judgment, are not permitted.
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   b. Half court trapping is allowed during the entire game.
   c. A full court press may be utilized by a team during any time of the third or fourth quarters of the junior varsity contest.
2. Once a rebound has been established, all opposing players must drop back to half court before resuming a defensive position.
3. Full court pressing is allowed during all junior varsity tournament games.

Each team will play teams in their respective division twice,

VOLLEYBALL (GIRLS)

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits
Teams will receive a win if the other team forfeits a game. A team does receive a loss if they forfeit a game.

Ties
Ties will be broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined, then the team who allowed the fewest points between the teams that tied will earn the higher place. The remaining two teams will play a one game playoff to determine the next place.

Home teams should e-mail Mr. Guyton at arthur.guyton@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

Schools will have two rosters, JV (5th and 6th grade only) and Varsity. JV matches will be played first followed by the Varsity match. Rally scoring will be used in all matches.

Important roster information

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Guyton at arthur.guyton@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

All matches begin at 3:30. There is a two-minute intermission between games. Each team will be allowed a five-minute warm-up time prior to their match.

Both JV and Varsity will play the best out of 3 games. The first two games will be played to 25. If a 3rd game is needed, the teams will play to 15 (win by 2).

**GIRLS’ SOCCER**

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

**Forfeits**

Teams **will receive a win if the other team forfeits a game**. A team **does** receive a loss if they forfeit a game.

**Important roster information**

Additions to any roster must be made **before the first game of the season by sending the player’s name and information to Mr. Guyton at arthur.guyton@psd150.org**. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

**Transfer Students**

Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

**Ties**

If the score is tied after regulation, teams will compete in a 5-point shoot-out. If tied after the 5-point shoot-out, teams will alternate shoot-out kicks until a winner is determined.

Home teams should e-mail Mr. Guyton at arthur.guyton@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

**BOYS’ SOCCER**

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

**Forfeits**

Teams **will receive a win if the other team forfeits**. A team **does** receive a loss if they forfeit a game.

Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

**Forfeit procedure**
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Guyton @ arthur.guyton@psd150.org – 309-6962358
2. Mr. Darrell Jackson @darrell.jackson@psd150.org
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855

A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Contact the building administrator to verify changes of game times, locations, or cancellations. Home teams must report scores before 9:00 a.m. the day after the game. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to arthur.guyton@psd150.org.

Important roster information

Rosters should be submitted to Mr. Guyton at arthur.guyton@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial, and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Guyton at arthur.guyton@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Transfer Students

Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

Ties

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Home teams should e-mail Mr. Guyton at arthur.guyton@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may report any additional information at this time also.

Any scores that are not reported by 9:00 a.m. will be reported on the next report.

TRACK

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits

Teams will receive a win if the other team forfeits a game. A team does receive a loss if they forfeit a game.

Important roster information

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Guyton at arthur.guyton@psd150.org. A new player may not play until they have officially
been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

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Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Guyton and obtain approval before the student is allowed to play in any competition.

*BOYS & GIRLS TRACK EVENT SUBJECT TO CHANGE*

Individual Track Events
50
100
200
400
800
100 Meter Hurdles

Team Track Events
4x100
4x200
4x400

Field Events
Long Jump
Triple Jump
Shot put
Discus
High Jump

**IESA**

If a school chooses, they may join the IESA and participate in individual sports such as swimming, golf, tennis etc. Expenses for the program would come from each school’s individual budget. The IESA has some very definite enrollment deadlines that must be met to participate. Middle School Athletic Director & principal must approve participation in IESA or any other outside organization.
Sportsmanship Announcement

We would like to remind everyone that this athletic event is conducted under the regulations of the Illinois High School Association and Peoria Public School District 150. We invite you to watch and respectfully cheer for your team no matter where your loyalty may be. We encourage you to enjoy the contest and demonstrate the best sportsmanship possible. Please refrain from communicating with the officials and coaches.
before, during and after the game. **Failure to adhere to this policy could result in a removal from this event.**

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**Peoria Public Schools**

**Middle School Student Athlete Rules**

**GENERAL INFORMATION:**

*A Sports Physical is required of all student athletes prior to participation (first practice).*

**ELIGIBILITY**

**Age Requirement**
For all JV athletic activities, a student shall be eligible through age thirteen (13). If a student in an athletic activity becomes fourteen (14) at any time during the season, he/she is not eligible to participate in that activity.

For all varsity athletic activities, a student shall be eligible through age fifteen (15). If a student in an athletic activity becomes sixteen (16) at any time during the season, he/she is not eligible to participate in that activity.

**Attendance**
To participate in any contest, a student athlete must be in attendance 50% of the day a contest is scheduled, or 50% of the day before, if a contest is to be on a non-school day. Students should be present in school by 11:00 am to be eligible to play. No student may participate if he/she is absent for the entire day of the contest. If a partial day absence is due to illness, personal, or family problems, the principal shall decide if a student may participate. *Exceptions: Roosevelt and Manual Academy eligible times are 11:50 am.*

**Academic Requirements**
Eligibility shall be determined weekly during the scheduled season. Ineligibility shall begin the Monday following the report of failing work. Grades should be reported on the last attendance day of the week.

**Minimum Standards**
Students who receive a cumulative semester average of an “F” in ANY subject will be ineligible for one week until the student has raised grades to have no “F”s”. Grades should be taken from Skyward. Athletic eligibility will not be based on an accumulative semester grade. Eligibility will start over every quarter (previous quarter grades do not affect current eligibility).

**DISCIPLINARY ACTION:**

- A student may be declared ineligible, even though academic requirements have been met, if a committed offense is considered gross disobedience or misconduct.

- A policy shall not be interpreted to prohibit a coach from dismissing a student athlete from a sport if there is a violation of the coach/school/district rules.

- The principal, or his designee, has the final responsibility for the eligibility of the student.
Student athletes who are suspended from school will be removed from the current athletic team for the remainder of the season, which includes the post-season tournament.

No students will be allowed to practice or play without this form signed and returned to the coach or principal.

I have read the district rules:

Player name: ____________________________________________

Player signature: ________________________________________ Date: ______________

Parent signature: ________________________________________ Date: ______________

Parent contact info (phone number and email): __________________________________________

Concussion Information Sheet

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include the following:

- Headaches
- “Pressure in head”
- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns
- Amnesia
- “Don’t feel right”
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents, and students is the key to student-athlete’s safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without
medical clearance. Close observation of the athlete should continue for several hours. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all IHSA member schools are required to follow this policy.

You should also inform your child’s coach if you think that your child may have a concussion. Remember, it’s better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to: http://www.cdc.gov/ConcussionInYouthSports/

Student-athlete Name Printed ___________________________ Student-athlete Signature ___________

Parent or Legal Guardian Printed ___________________________ Parent or Legal Guardian Signature ___________

Date ___________ Date ___________