Peoria Public Schools
Middle School Athletic Manual
2020 - 2021

Athletic Director
Michael Barber

Supervisor of Officials
Scott Donahue
# TABLE OF CONTENTS

## GENERAL
- OFFICIALS’ FEE........................................................................................................... 3
- PROGRAM DATES........................................................................................................ 4
- AIMS............................................................................................................................ 5
- OBJECTIVES............................................................................................................... 5
- RESPONSIBILITIES OF THE COACH/CHEERLEADING SPONSOR.................. 6
- RESPONSIBILITIES OF THE PRINCIPAL .............................................................. 6
- ADMISSION PRICES ................................................................................................. 6
- CHEERLEADERS GENERAL INFORMATION .................................................. 6
- COMMUNICATION...................................................................................................... 7
- EMERGENCIES.......................................................................................................... 7
- INJURY PROCEDURES.............................................................................................. 7
- SNOW REMOVAL........................................................................................................ 7
- SEVERE WEATHER .................................................................................................... 8

## ATHLETIC ELIGIBILITY
- AGE REQUIREMENT.................................................................................................. 8
- ATTENDANCE.............................................................................................................. 8
- ACADEMIC REQUIREMENTS.................................................................................. 8
- DISCIPLINARY ACTION............................................................................................. 9

## SLOW PITCH SOFTBALL ................................................................. 9

## BOYS’ BASEBALL ................................................................................. 14

## BOYS’ SOCCER ..................................................................................... 18

## BASKETBALL............................................................................................ 20

## VOLLEYBALL

## GIRLS’ SOCCER ..................................................................................... 36

## INTRAMURALS............................................................................................ 37

## SPORTSMANSHIP ANNOUNCEMENT .................................................. 39

## MIDDLE SCHOOL ATHLETIC RULES .................................................. 40

## CONCUSSION INFORMATION SHEET ................................................. 41
Officials' Fees

Softball – Plate - $45.00 & Bases $40.00

Baseball – Plate - $45.00 & Bases $40.00

Basketball - $65.00 (2 games) – 32.50 (1 game)

Soccer - $28.00

Volleyball - $55.00 (2 matches) 27.50 (1 match)

Schools that forfeit will be charged the officials game fee.
<table>
<thead>
<tr>
<th>Month</th>
<th>Day(s)</th>
<th>Weekday(s)</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug</td>
<td>28</td>
<td>F</td>
<td>Rosters Due – Softball</td>
</tr>
<tr>
<td>Sept</td>
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<td>T</td>
<td>Softball Season Opens</td>
</tr>
<tr>
<td>Sept</td>
<td>4</td>
<td>F</td>
<td>Rosters Due – Baseball</td>
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<tr>
<td>Sept</td>
<td>9</td>
<td>W</td>
<td>Baseball Season Opens</td>
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<td>Sept</td>
<td>17</td>
<td>R</td>
<td>Softball Tournament</td>
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<td>24</td>
<td>R</td>
<td>Baseball Tournament</td>
</tr>
<tr>
<td>Sept</td>
<td>30</td>
<td>M</td>
<td>Rosters Due – Soccer (Boys)</td>
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<tr>
<td>Sept</td>
<td>24</td>
<td>R</td>
<td>Rosters Due – Basketball (Girls)</td>
</tr>
<tr>
<td>Sept</td>
<td>28</td>
<td>M</td>
<td>Basketball Season Begins (Girls)</td>
</tr>
<tr>
<td>Sept</td>
<td>29</td>
<td>T</td>
<td>Soccer Season Begins (Boys)</td>
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<tr>
<td>Oct</td>
<td>16</td>
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<td>Nov</td>
<td>16, 17, 18</td>
<td>M, T, W</td>
<td>Junior Varsity Basketball Tournament</td>
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<td>19, 23, 24</td>
<td>R, M, T</td>
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<td>3</td>
<td>R</td>
<td>Basketball Season Begins (Boys)</td>
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<tr>
<td>Feb</td>
<td>8, 9, 10</td>
<td>M, T, W</td>
<td>Junior Varsity Basketball Tournament</td>
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<td>M</td>
<td>Volleyball Season Begins (Girls)</td>
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<td>Mar</td>
<td>17</td>
<td>W</td>
<td>JV Volleyball Tournament (Girls)</td>
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<td>Mar</td>
<td>18</td>
<td>R</td>
<td>Varsity Volleyball Tournament (Girls)</td>
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<tr>
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<td>6</td>
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<td>Rosters Due – Volleyball (Boys)</td>
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<td>8</td>
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<tr>
<td>Apr</td>
<td>26</td>
<td>M</td>
<td>JV Volleyball Tournament (Boys)</td>
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<tr>
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<td>27</td>
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<td>Varsity Volleyball Tournament (Boys)</td>
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<tr>
<td>Apr</td>
<td>27</td>
<td>T</td>
<td>Rosters Due – Soccer (Girls)</td>
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<td>29</td>
<td>R</td>
<td>Soccer Season Begins (Girls)</td>
</tr>
<tr>
<td>May</td>
<td>17</td>
<td>M</td>
<td>Soccer Championship (Girls)</td>
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</tbody>
</table>
Aims

The Peoria Public Schools Athletic Program is designed to provide inter-school competition for middle school students in grades 5-8, during the regular school term, who attend one of the 11 designated middle school sites listed on page one of this manual.

Objectives

The Middle School Athletic Program objectives are:
1. To improve individual skills in a variety of activities.
2. To provide inter-school levels of play.
3. To provide wholesome and fun activities.
4. To build character, positive attitudes and values.
5. To promote character/team building.

Job Description

JOB TITLE: Coach/Cheerleading Sponsor
DIVISION: Recreation

QUALIFICATIONS: Education - Certified teacher in Peoria Public Schools. If a teacher is not available, the Academic Instructional Officer and school principal may approve:

1. Teacher’s Aide
2. College student in recreation, physical education or related field.
3. Other:
   Knowledge and Ability - The person selected must have a good understanding of team sports, and ability and desire to assist middle school children in skill development.
   Selected Person - Should show initiative with leadership qualities, be neat in appearance, tactful, and demonstrate the ability to work cooperatively with children.

DUTIES: Under the supervision of the school principal, the Coach must:

1. Be prompt and on time to practices and contests.
2. Remain at each contest until the last player leaves or is picked up.
3. Develop good sportsmanship and character in the student athletes.
4. Keep reports of accidents and injuries.
5. Keep equipment and uniforms in good condition.
6. Model the sportsmanship and character we are trying to build in our student athletes.
Ejection of a coach
Any coach removed from a sport by virtue of ejection shall not coach that level in the next game.
(Example: A coach removed from a JV game shall not coach the next JV game. A coach would be allowed to coach in the varsity game after being ejected from the JV game. The JV and varsity are seen as two separate teams.) A coach removed from a game must leave the immediate area and not be within the visual confines of the contest.

Responsibilities of the Coach/Cheerleading Sponsor
1. Insure and collect from every athlete a sports physical, the middle school athlete form and concussion form. The forms should be given to the principal and kept on file in the office.
2. Be accountable for the conduct of the team.
3. Be responsible to see that all program objectives and rules are observed and honored.
4. Abide by the officials’ decisions.
5. Work directly with the school principal notifying him/her of any needed change in a program or schedule due to a conflict.
6. Exhibit good sportsmanship.
7. Be responsible for reporting scores of home games. E-mail in scores promptly to michael.barber@psd150.org

Responsibilities of the Principal
1. Select and hire competent coaches to work with the athletic program in his/her school. Coaches who do not currently work for the district must be board approved before they begin work.
2. Be accountable for the conduct of the coach, team members and student body.
3. Be responsible for hosting all home games scheduled in the various sports.
4. Work with the Middle School Athletic Program Committee to plan, implement, and evaluate the total program.
5. Enforce the eligibility rules as stated in this manual.
6. Implement all rules and policies as stated in this manual.
7. Send athletic rosters (Skyward only) to michael.barber@psd150.org. Failure to do so will result in forfeiture of all athletic contests until turned in.
8. Review with coaches the section of the Peoria Public Schools Emergency Control Plan entitled "Severe Weather" (Tornadoes), specifically Section A, Part 3, Item C.
9. Have a procedure for alerting coaches and students outside the building of severe weather and moving them to a place of safety.

Admission Prices
Basketball Admission
$ .50 - Pre-school
$ 1.00 - Primary School K-4
$ 3.00 - All others
Volleyball Admission
$ 1.00
Senior Citizens (60 or over with proper I.D.) will be admitted free.

District Athletic Passes
During the season/tournament it is limited to use of the District employee ID. Access will be granted to the District employee with the ID badge and one (1) guest. All others must pay for admittance to the games.

Cheerleaders
1. Each school may have a cheerleading squad.
2. All squads will be allowed to cheer at home and away games.
3. Eight (8) cheerleaders plus a mascot will be permitted on the gym floor at any given time. All other cheerleaders must be seated in the spectators’ area.
4. Home cheerleaders (combined squads) may be allowed to do one dance routine a day. This routine must have the approval of the principal or designee. The principal or designee will determine the appropriate time for the routine to take place.
5. Mounts and pyramids are not permitted.
**Supervision of Students**

All coaches and cheerleading sponsors are responsible for the students on their team/squad. Coaches and sponsors must make sure all students have rides after practices and games (home and away) before leaving for the day/night. Principals, assistant principals, etc. will not be responsible for any student left unattended while under the supervision of a coach/sponsor.

**Communication**

The school district's email system will be used to send all communications (scores, league standings, rosters, etc.) concerning the athletic program. Please remember, when sending rosters or other information that may have a deadline, email is the best form of communication because it is time stamped.

**Scores must be reported before 9:00 a.m. the day after the game.** You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to michael.barber@psd150.org.

**Ties**

Ties will be broken in the following manner:

Two-way tie = head-to-head competition

Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest runs/points/goals between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine second place.

**Emergencies**

In case of an emergency -- summon the proper aid immediately.

**Fire:** 674-3131 or **911 for emergency**

674-6615 (West Peoria)

**Ambulance:** MEDICAR (Peoria Hospitals Mobile Services)

674-3322 or **911 for emergency**

**Police:** 673-4521 or **911 for emergency**

697-8515 (Peoria County Sheriff)

Demario Boone Office – 672-6855 or 672-6828

**Injury Procedures**

Important notice to all employees -- any injury, no matter how slight, must be reported to the principal. A written accident report must be filled out immediately by the coach involved.

**Snow Removal**

Call Peoria Stadium (672-6850) with at least 24 hour advance notice. If personnel are not on duty, you may leave a message on the answering machine.

a) State your name, telephone number, and the name of your building.

b) State the time and date of your activity.

c) Estimate the amount of parking space needed or the number of people expected to attend your activity.

d) If there are specific parking areas that you would like cleared, please list them.
Severe Weather
Please review with your coaches the section of the Peoria Public Schools EMERGENCY CONTROL PLAN ENTITLED Severe Weather (Tornadoes), specifically Section A, Part 3, Item C.

Be certain you have a procedure for alerting coaches and students outside the building of severe weather and moving them to a place of safety.

Softball, baseball and soccer games will end immediately if lighting is present. The officials will make this call.

Forfeits
Teams **do not** receive a win if the opposing team forfeits a game. A team **does** receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. **Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.**

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855

A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Athletic Eligibility

Age Requirement
For all JV athletic activities, a student shall be eligible through age thirteen (13). If a student in an athletic activity becomes fourteen (14) at any time during the season, he/she is not eligible to participate in that activity.

For all varsity athletic activities, a student shall be eligible through age fifteen (15). If a student in an athletic activity becomes sixteen (16) at any time during the season, he/she is not eligible to participate in that activity.

Attendance
To participate in any contest, a student athlete must be in attendance 50% of the day a contest is scheduled, or 50% of the day before if a contest is to be on a non-school day. Students should be present in school by 11:00 am to be eligible to play. No student may participate if he/she is absent for the entire day of the contest. If a partial day absence is due to illness, personal, or family problems, the principal shall decide if a student may participate.

Academic Requirements
Eligibility shall be determined weekly during the scheduled season. Eligibility shall begin the Monday following the report. Eligibility goes for the entire week (Monday – Friday). A student who is deemed ineligible on a Friday shall remain ineligible for the entire next week even if grades are brought up throughout the week. An eligibility report should be run by an administrator on the last attendance day of the week. An administrator should email forfeitures for the coming week to:

5. Mr. Barber @ michael.barber@psd150.org
6. Mr. Donahue @ scott.donahue@psd150.org
7. The principal of the opposing school
8. richard.gould@psd150.org (school safety)

by the end of the day on Friday.
Minimum standards
Students who receive a cumulative semester average of an “F” in ANY subject will be ineligible for one week until the student has raised his/her grades to all passing. Grades should be taken from Skyward. We are following the IESA guidelines for eligibility which states: “A student shall be doing passing work as determined by the local school district in all school subjects”. Grades only reset at the beginning of the second semester.

The principal is responsible for:
1. Weekly check of grades including specific course requirements being met.
2. Removing suspended students (in season, 1st day of tryouts) from the roster.
3. Distributing the policy and rules sheet, as well as concussion information sheet, to each coach and ensuring both sheets are signed and on file in the office, indicating each student and parent acknowledge and fully understand the eligibility rules of the school as well as concussion procedures. (Forms can be found at the end of the handbook.)

Disciplinary Action
- A student may be declared ineligible by the principal, even though academic requirements have been met, if a committed offense is considered gross disobedience or misconduct.
- A policy shall not be interpreted to prohibit a coach from dismissing a student athlete from a sport if there is a violation of the coach/school/district rules.
- The principal or his designee has the final responsibility for the eligibility of the student.
- Student athletes who are suspended from school will be removed from the current athletic team for the remainder of the season which includes the post-season tournament. New for 20-21 – Students who are suspended from school are not automatically removed from a team.
- Teams that refuse to accept their trophies or who refuse to show proper sportsmanship during the tournament may be banned from post season play the following year. The athletic director will make that decision within 30 days of completion of the tournament.

Slow Pitch Softball
The distance for bases is: 60 feet
Pitching distance: 40 feet (Back of home plate and to the front edge of the pitching rubber)

Each school must have a safety-base to be used as first base. The base will be used in all games.

Softball cancellations will be made via district email as soon as possible before the close of the school day.

The top two teams of each league will participate in the district tournament. Trophies will be awarded to those teams at the tournament.

Important roster information
Rosters should be submitted to Mr. Barber at michael.barber@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.
Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

There will be two divisions in softball – American and National. The American League will be deemed as the competitive league and the National League will be the developmental league.

The champion from the National League will move to the American League the follow season. The team that comes in last place in the American League will move to the National League the following season.

National League Rules

1. Two officials will be provided for each game. The proper dress for an umpire will consist of a light shirt and dark pants or shorts.
2. A one hour and 30 minute time limit will be enforced. No inning may start following the passage of the time limit. (EXCEPTION: TOURNAMENT PLAY)
3. The ten (10) run rule will be enforced. A home team that is leading by ten (10) runs after four and one-half (4 1/2) innings, or a visiting team ahead by the ten (10) runs after five innings shall be declared the winner and the game will be terminated at that point in time. (EXCEPTION: TOURNAMENT PLAY)
4. A tournament game may be terminated anytime upon the request of the losing coach before the end of 7 innings.
5. *Teams that do not have enough players to play the field may borrow players from the other team in an effort to field a full team. Players may return to their regular team when it is their turn to bat.
6. *No academic eligibility. All students are able to play. Students may be made ineligible due to behavior issues as deemed by the coach or principal.
7. Coaches may end the softball game before 4 1/2 innings if their team is more than 10 runs behind and it appears there is no opportunity to come back to win.
8. Free substitution on defense is permitted, between innings, during the permitted two time outs, or during a visit to the pitching mound.
9. The batting order for each team should be listed in the home team’s score book prior to the beginning of the game, including shirt #.
10. All catchers must wear a catcher’s mask/helmet (even when warming up a pitcher).
11. No metal spikes will be allowed.
12. Each team will provide one (1) leather softball.
13. The home team is responsible for the bases, stakes, and the keeping of the "official book."
14. It is recommended that batting helmets have a facemask attached.
15. A base runner that makes contact with a defensive player will be declared out. A flagrant act by a defensive player may also warrant ejection.
16. Contact at home plate must be made when a runner is sliding or the player will be called out.
17. Each team will be allowed two (2) time outs per game.
18. There is no limit to the number of innings that a pitcher can pitch.
19. A player coaching first base must wear a helmet at all times.
20. A player will be automatically out if swinging and missing strike three.
American League Rules

21. Two officials will be provided for each game. The proper dress for an umpire will consist of light shirt and dark pants or shorts.
22. No inning may begin after 1 hour and 45 minutes have elapsed.
23. The ten (10) run rule will be enforced. A home team that is leading by ten (10) runs after four and one-half (4 1/2) innings, or a visiting team ahead by the ten (10) runs after five innings, shall be declared the winner and the game will be terminated at that point in time. (EXCEPTION: TOURNAMENT PLAY)
24. A tournament game may be terminated anytime upon the request of the losing coach before the end of 7 innings.
25. Each team must have at least (9) players to begin play (regulation is 10). Play will begin at the scheduled time. If a team doesn't have nine (9) players fifteen (15) minutes after the starting time, the game will be considered a forfeit. (Exception – A team does not forfeit a game due to a busing issue.)
26. Coaches may end the softball game before 4 1/2 innings if their team is more than 10 runs behind and it appears there is no opportunity to come back to win.
27. Free substitution on defense is permitted, between innings, during the permitted two time outs, or during a visit to the pitching mound.
28. The batting order for each team should be listed in the home team’s score book prior to the beginning of the game, including shirt #.
29. All catchers must wear a catcher’s mask/helmet (even when warming up a pitcher).
30. No metal spikes will be allowed.
31. Each team will provide one (1) leather softball.
32. The home team is responsible for the bases, stakes, and the keeping of the "official book."
33. It is recommended that batting helmets have a facemask attached.
34. A base runner that makes contact with a defensive player will be declared out. A flagrant act by a defensive player may also warrant ejection.
35. Contact at home plate must be made when a runner is sliding or the player will be called out.
36. Each team will be allowed two (2) time outs per game.
37. There is no limit to the number of innings that a pitcher can pitch.
38. A player coaching first base must wear a helmet at all times.
39. A player will be automatically out after swinging and missing strike three.

Additional Softball Information:

BATS: Maximum 34 inches in length and no more than 38 ounces and stamped "OFFICIAL SOFTBALL" by the MFG.

BASE STEALING: Stealing is not allowed.

ALL HITTERS AND RUNNERS: Must wear helmets that have extended earflaps that cover both the ears and temples.

CATCHERS: Must wear catcher’s mask with helmet.

SOFTBALL: Same ball as fast pitch - 12 inch.

BATTERS: All batters begin with a 0-0 count. There is no 3rd strike foul rule.

Procedure For Rainouts

• If the game is canceled before being started, Mr. Barber will establish a makeup date.

• If the game was started and must be continued at a later date, the principal of the home team will have to notify Mr. Barber and a make-up date will be established.

• The umpire will be paid if the game is started and then rained out.
• The game officials will have the final decision on whether or not a game will be called or suspended due to severe weather conditions.

• Umpires will call a game due to lightning.

Forfeits
Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:
1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855
A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Contact the building administrator to verify changes of game times, locations or cancellations. Home teams must report scores before 9:00 a.m. the day after the game. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to michael.barber@psd150.org.

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

American
Lindbergh
Mark Bills
Rolling Acres
Coolidge
Sterling
Washington

National
Lincoln
Harrison
Von Steuben
Glen Oak
Roosevelt
Trewyn

Girls' Softball - Home team listed second
Game 1 - Tuesday - 9/1

<table>
<thead>
<tr>
<th>Visitors</th>
<th>Home</th>
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<tbody>
<tr>
<td>Lindbergh</td>
<td>Mark Bills</td>
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<tr>
<td>Rolling Acres</td>
<td>Sterling</td>
</tr>
<tr>
<td>Coolidge</td>
<td>Washington</td>
</tr>
<tr>
<td>Lincoln</td>
<td>Harrison</td>
</tr>
<tr>
<td>Von Steuben</td>
<td>Roosevelt</td>
</tr>
<tr>
<td>Glen Oak</td>
<td>Trewyn</td>
</tr>
</tbody>
</table>
Game 2 - Thursday - 9/3
Lindbergh    Rolling Acres @ RHS
Mark Bills    Coolidge    @ Kellar
Sterling     Washington @ Stadium #3
Lincoln       Von Steuben @ Stadium #1
Harrison      Trewyn     @ Stadium #4
Glen Oak      Roosevelt @ Stadium #2

Game 3 - Tuesday - 9/8
Lindbergh    Coolidge @ Stadium #2
Mark Bills    Sterling @ Kellar
Rolling Acres Washington @ RHS
Lincoln       Glen Oak @ Stadium #1
Harrison      Von Steuben @ Stadium #4
Trewyn        Roosevelt @ Stadium #3

Game 4 - Thursday - 9/10
Sterling     Lindbergh @ Stadium #2
Washington   Mark Bills @ Kellar
Rolling Acres Coolidge @ RHS
Roosevelt     Lincoln @ Stadium #1
Harrison      Glen Oak @ Stadium #3
Von Steuben   Trewyn @ Stadium #4

Game 5 - Tuesday 9/15
Washington   Lindbergh @ RHS
Mark Bills    Rolling Acres @ Kellar
Coolidge      Sterling @ Stadium #3
Trewyn        Lincoln @ Stadium #1
Roosevelt     Harrison @ Stadium #4
Von Steuben   Glen Oak @ Stadium #2

Softball Championships - Thursday 9/17
American League @ Stadium #1
National League @ Stadium #2

Game time will be at 3:30 pm.

A post-season tournament for the top two teams in each league will be held with these stipulations:
- Higher seeded team will be the home team.
- No inning may begin after 5:15.
- There is no 10 run rule during the championship game.
- A tournament game may be terminated at any time upon the request of the losing coach.
- A pitcher may pitch 7 innings of the championship game.
Ties

- Ties will broken in the following manner:
- Two-way tie = head-to-head competition
- Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest runs between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.

Trophies for standings

Trophies will be awarded to the first and second place finishers in the tournament.

Baseball

Players

- American League - teams can play with a minimum of eight (8). The 9th spot in batting order will be counted as an out. If a team is unable to field eight players defensively at the start of the game it will receive a forfeit loss for that contest. A minimum of eight players must be on the field during the entire game.
- National League - *Teams that do not have enough players to play the field may borrow players from the other team in an effort to field a full team. Players may return to their regular team when it is their turn to bat.*
  *No academic eligibility. All students are able to play. Students may be made ineligible due to behavior issues as deemed by the coach or principal.*

- There will be three outs per inning per team.
- The batting order for each team should be listed in the home team’s score book prior to the beginning of the game, including shirt #.
- Players can be freely substituted into defensive positions at any time during the game if a dead ball situation exists. Players that have already pitched in a game and have been removed cannot re-enter as pitcher in that same game.
- All players must be wearing the shirt provided by their school while on the bench or the playing field.
- A player will be removed from the game for: 1) Throwing equipment in anger or disgust, 2) Using profanity or socially unacceptable language while on the bench or playing field. **NO warnings will be issued!**

Games

- No new inning may begin after 1 hour and 45 minutes has elapsed.
- A new inning begins when the final out of the previous inning is made.
- All games will be seven innings except in the following situations:

<table>
<thead>
<tr>
<th>Situation</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Team behind 10+ runs has batted 4 times</td>
<td>Game is over and complete</td>
</tr>
<tr>
<td>2. Game tied at the end of the time limit</td>
<td>Game will go into extra innings.</td>
</tr>
<tr>
<td>3. Team cannot field eight (8) players to start game (American League)</td>
<td>Forfeit win to team that has enough players – game over</td>
</tr>
<tr>
<td>4. Team cannot field eight (8) players to start game (National League)</td>
<td>Borrow players from the other team</td>
</tr>
<tr>
<td>5. Game has gone 1 hour 45 minutes</td>
<td>No new innings may begin unless tie game</td>
</tr>
<tr>
<td>6. Coach may forfeit the game at anytime</td>
<td></td>
</tr>
</tbody>
</table>
Play
- Base length will be 80 feet.
- Pitching rubber will be 54 feet from the back end of the home plate.
- There is no limit to the number of innings that a pitcher can pitch.
- All runners are required to slide or avoid contact with the fielder in any play at 2nd or 3rd base or home plate.
- Balks will be called by the umpire after one warning.
- Courtesy runner only applies to the catcher. It must be a player not in the game or the player who made the last out.
- Bat barrel cannot be larger than 2 5/8 inches and must follow all high school bat restrictions.
- Metal spikes are not allowed.
- All other rules will be the same as in the IESA Rules Handbook as governed by the National Federation.

Procedure For Rainouts
- If the game is canceled before being started, Mr. Barber will establish a makeup date.
- If the game was started and must be continued at a later date, the principal of the home team will have to notify Mr. Barber and a make-up date will be established.
- The umpire will be paid if the game is started and then rained out.
- The game officials will have the final decision on whether or not a game will be called or suspended due to severe weather conditions.
- Umpires will call a game due to lightning.

Forfeits
Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:
1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855
A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Contact the building administrator to verify changes of game times, locations or cancellations. Home teams must report scores before 9:00 a.m. the day after the game. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to michael.barber@psd150.org.

Important roster information
Rosters should be submitted to Mr. Barber at michael.barber@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.
**Transfer Students**
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

The champion from the National League will move to the American League the following season. The team that comes in last place in the American League will move to the National League the following season.

**A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.**

<table>
<thead>
<tr>
<th>American</th>
<th>Lindbergh</th>
<th>Glen Oak</th>
<th>Rolling Acres</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coolidge</td>
<td>Roosevelt</td>
<td>Washington</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>National</th>
<th>Sterling</th>
<th>Harrison</th>
<th>Lincoln</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mark Bills</td>
<td>Von Steuben</td>
<td>Trewyn</td>
<td></td>
</tr>
</tbody>
</table>

**Boys' Baseball - Home team listed second**

<table>
<thead>
<tr>
<th>Visitors</th>
<th>Home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Game 1 - Wednesday - 9/9</td>
<td></td>
</tr>
<tr>
<td>Lindbergh</td>
<td>Glen Oak</td>
</tr>
<tr>
<td>Rolling Acres</td>
<td>Roosevelt</td>
</tr>
<tr>
<td>Coolidge</td>
<td>Washington</td>
</tr>
<tr>
<td>Sterling</td>
<td>Harrison</td>
</tr>
<tr>
<td>Lincoln</td>
<td>Von Steuben</td>
</tr>
<tr>
<td>Mark Bills</td>
<td>Trewyn</td>
</tr>
</tbody>
</table>

| Game 2 - Monday - 9/14 |
| Lindbergh | Rolling Acres | @ Richwoods |
| Glen Oak | Coolidge | @ Washington #1 |
| Roosevelt | Washington | @ Washington #2 |
| Sterling | Lincoln | @ Woodruff High School |
| Harrison | Trewyn | @ John Gwynn |
| Mark Bills | Von Steuben | @ Bradley |

| Game 3 - Wednesday - 9/16 |
| Lindbergh | Coolidge | @ Richwoods |
| Glen Oak | Roosevelt | @ Washington #1 |
| Rolling Acres | Washington | @ Washington #2 |
| Sterling | Mark Bills | @ Bradley |
| Harrison | Lincoln | @ Woodruff High School |
| Trewyn | Von Steuben | @ John Gwynn |
Game 4 - Monday - 9/21

Roosevelt          Lindbergh  @  Richwoods
Washington         Glen Oak   @  Washington #1
Rolling Acres      Coolidge   @  Washington #2
Von Steuben        Sterling   @  Woodruff High School
Harrison           Mark Bills @  Bradley
Lincoln            Trewyn     @  John Gwynn

Game 5 - Tuesday - 9/22

Washington         Lindbergh  @  Washington #1
Glen Oak           Rolling Acres @  Richwoods
Coolidge           Roosevelt  @  Washington #2
Trewyn             Sterling   @  John Gwynn
Von Steuben        Harrison   @  Bradley
Lincoln            Mark Bills @  Woodruff High School

Baseball Championships - Thursday - 9/24

American League @ Washington #1
National League @ Washington #2

Game time will be at 3:30 pm.

A post-season tournament for the top two teams in each league will be held with these stipulations:

- Higher seeded team will be the home team.
- No new inning may begin after 1 hour and 45 minutes has elapsed.
- There is no 10-run rule during the championship game.
- A tournament game may be terminated at any time upon the request of the losing coach.

**Ties**

Ties will broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest runs between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.

**Trophies for standings**

Trophies will be awarded to the first and second place finishers in the tournament.

The champion from the National League will move to the American League the follow season. The team that comes in last place in the American League will move to the National League the following season.
SOFTBALL/BASEBALL EVALUATION

COMMENTS:

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

Please submit to the building principal following the last game of the season. The building principal is to submit to the middle school athletic director.

NAME__________________________________________________________________

SCHOOL________________________________________________________________
Boys’ Soccer

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits
Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855

A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Important roster information
Rosters should be submitted to Mr. Barber at michael.barber@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

Ties
If the score is tied after regulation, teams will compete in a 5 point shoot-out. If tied after the 5 point shoot-out, teams will alternate shoot-out kicks until a winner is determined.

Tournament
A post-season tournament for the top two teams in each division.

The champion from Division 2 will move to Division 1 the following season. The team that comes in last place in Division 1 will move to Division 2 the following season.

Ties
Ties will be broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest goals between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.
**Trophies for standings**  
Trophies will be awarded to the first and second place finishers in the tournament.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

<table>
<thead>
<tr>
<th>Division 1</th>
<th>Lindbergh</th>
<th>Mark Bills</th>
<th>Rolling Acres</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Coolidge</td>
<td></td>
<td>Washington</td>
</tr>
<tr>
<td>Division 2</td>
<td></td>
<td></td>
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<tr>
<td></td>
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</tbody>
</table>

**Boys' Soccer**

**Game 1 - Tuesday - 9/29**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Mark Bills</td>
<td>Lindbergh</td>
<td>Sterling</td>
</tr>
<tr>
<td>Von Steuben</td>
<td>Rolling Acres</td>
<td>Sterling #1 - 3:30</td>
</tr>
<tr>
<td>Washington</td>
<td>Coolidge</td>
<td>@ Sterling #1 - 4:30</td>
</tr>
<tr>
<td>Harrison</td>
<td>Sterling</td>
<td>@ Sterling #2 - 3:30</td>
</tr>
<tr>
<td>Trewyn</td>
<td>Glen Oak</td>
<td>@ Sterling #2 - 4:30</td>
</tr>
<tr>
<td>Roosevelt</td>
<td>Lincoln</td>
<td>@ Sterling #3 - 3:30</td>
</tr>
</tbody>
</table>

**Game 2 - Friday - 10/2**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</thead>
<tbody>
<tr>
<td>Rolling Acres</td>
<td>Lindbergh</td>
<td>Sterling</td>
</tr>
<tr>
<td>Coolidge</td>
<td>Mark Bills</td>
<td>@ Sterling #1 - 3:30</td>
</tr>
<tr>
<td>Washington</td>
<td>Von Steuben</td>
<td>@ Sterling #1 - 4:30</td>
</tr>
<tr>
<td>Lincoln</td>
<td>Sterling</td>
<td>@ Sterling #2 - 3:30</td>
</tr>
<tr>
<td>Trewyn</td>
<td>Harrison</td>
<td>@ Sterling #2 - 4:30</td>
</tr>
<tr>
<td>Roosevelt</td>
<td>Glen Oak</td>
<td>@ Sterling #3 - 3:30</td>
</tr>
</tbody>
</table>

**Game 3 - Tuesday - 10/6**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Coolidge</td>
<td>Lindbergh</td>
<td>Sterling</td>
</tr>
<tr>
<td>Von Steuben</td>
<td>Mark Bills</td>
<td>@ Sterling #1 - 3:30</td>
</tr>
<tr>
<td>Washington</td>
<td>Rolling Acres</td>
<td>@ Sterling #1 - 4:30</td>
</tr>
<tr>
<td>Glen Oak</td>
<td>Sterling</td>
<td>@ Sterling #2 - 3:30</td>
</tr>
<tr>
<td>Lincoln</td>
<td>Harrison</td>
<td>@ Sterling #2 - 4:30</td>
</tr>
<tr>
<td>Roosevelt</td>
<td>Trewyn</td>
<td>@ Sterling #3 - 3:30</td>
</tr>
</tbody>
</table>

**Game 4 - Friday - 10/9**

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Von Steuben</td>
<td>Lindbergh</td>
<td>Sterling</td>
</tr>
<tr>
<td>Washington</td>
<td>Mark Bills</td>
<td>@ Sterling #1 - 3:30</td>
</tr>
<tr>
<td>Coolidge</td>
<td>Rolling Acres</td>
<td>@ Sterling #1 - 4:30</td>
</tr>
<tr>
<td>Roosevelt</td>
<td>Sterling</td>
<td>@ Sterling #2 - 3:30</td>
</tr>
<tr>
<td>Glen Oak</td>
<td>Harrison</td>
<td>@ Sterling #2 - 4:30</td>
</tr>
<tr>
<td>Trewyn</td>
<td>Lincoln</td>
<td>@ Sterling #3 - 3:30</td>
</tr>
</tbody>
</table>
BASKETBALL

General Information

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits

Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Forfeit procedure

In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855

A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report. An administrator must let Mr. Barber know if there is a discrepancy within three games or the results will stand as posted. Exhibition games must be approved by the building principal.

Girls and boys will have two teams: JV (5th and 6th only) and Varsity.

Playing ineligible players due to age, playing in both varsity and junior varsity games or for academic reasons will result in the forfeiture of all games the player played in during the time of ineligibility.

No player may play on the junior varsity and the varsity team for any reason. Forfeiture of the games will be a consequence of playing illegal players.

Remember this is a middle school athletic program for players in grades 5 - 8 only who attend one of the 11 middle school sites listed in this manual. No student enrolled in 4th grade or below may participate.
Each game is to begin with both teams shaking hands as a sign of good sportsmanship. This eliminates the need for a post-game handshake. The sportsmanship announcement must be read before each game. It can be found at the back of the manual.

**Important roster information**

Rosters should be submitted to Mr. Barber at michael.barber@psd150.org prior to the first game of the season. Names for rosters should be taken from Skyward and include last name, first name, middle initial and date of birth.

**Additions to any roster may be made through the 3rd game of the season by sending the player’s name** and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Any ineligible player who participates in a junior varsity or varsity contest, or who has not been playing according to the above roster rules, will result in forfeiture of all games in which the player participated.

**Transfer Students**

Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the 3rd game of the season. Once the 3rd game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

**Home Team Responsibilities**

- Have table set up, time clock, scoreboard and score book available.
- Only official timers and scorekeepers will be allowed at the official's table. Students are not allowed to be either the official scorekeeper or timer. Please keep table area clear and visible for officials and all concerned. The scorer's table is considered a neutral area -- there is to be no coaching from the scorer's table.
- Every game is to begin promptly at the scheduled time.

**Scorekeeper's Duties**

- Keep official score book in order and properly recorded at all times.
- All players must be listed in the score book three (3) minutes before the game.
- Notify officials of seventh and tenth team foul.
- Have the score book signed by both officials.

**Playing Regulations**

The official rules for all basketball contests shall be the Illinois Elementary Sports Association Rules for the current year except herein:

- The home team will provide a leather or simulated leather regulation basketball for games. If in the opinion of the official, the home team's ball is not regulation, he may choose to use a visiting team's ball.
- Officials should be advised before the game by the timer and scorer as to what device will be used regarding game time, substitutions, etc.
- All games shall consist of four periods, each six (6) minutes in length. A rest period of (1) minute shall follow the first and third periods and a rest period of ten (10) minutes shall follow the second period, unless both coaches agree to a shorter time. If the score is tied at the end of the fourth period, a rest period of one (1) minute shall follow any and all subsequent periods of play. Overtime periods shall be three (3) minutes in duration.
- An individual knowledgeable of scoring procedures must be present at the score table and should be the official scorer.
- The rule regarding numbers and colors of uniforms as stated in the IHSA rule book shall not apply.
- Each team is allowed three (3) full time outs and two (2) twenty second time outs according to current rules.
**30 Point Rule**

When a team reaches the point of being 30 points ahead in the game, from that point on, the team in the lead may not pick up defensively until 1/2 court. In addition, the clock will run, except for timeouts. The scoring table must notify the referees of the 30 point difference at the next dead ball by sounding the horn and calling the referees to the table. The referees will then inform both coaches of the situation. Violation of the no full court press rule will result in a direct technical foul on the head coach. The clock will continue to run for the remainder of the game regardless of the score.

Coaches may request permission to run the clock before the 30 point spread is achieved. Both coaches must agree to run the clock prior to the 30 point rule taking effect. Principals may also make the decision to have the clock continue to run if it appears the game is lopsided in favor of one team.

**Protests**

All protests must be put in writing and submitted to the building principal within 48 hours of the contest. The principal will then forward the protest to Mr. Barber, and a ruling will be made. Protests based on plays, which involve an official’s judgment, are not permitted.

**Ejection of a coach**

Any coach removed from a sport by virtue of ejection shall not coach that level in the next game. (Example: A coach removed from a JV game shall not coach the next JV game. A coach would be allowed to coach in the varsity game after being ejected from the JV game. The JV and varsity are seen as two separate teams.) A coach removed from a game must leave the immediate area and not be within the visual confines of the contest.

**Pressing During Junior Varsity Games**

1. In order to establish a flow to the junior varsity basketball games, the following rules will be followed:
   a. There will be **no full** court pressing of the opponent allowed during the first half (full 2 quarters) of the Boys/Girls junior varsity basketball games.
   b. Half court trapping is allowed during the entire game.
   c. A full court press may be utilized by a team during any time of the third or fourth quarters of the junior varsity contest.

2. Once a rebound has been established, all opposing players must drop back to half court before resuming a defensive position.

3. Full court pressing is allowed during all junior varsity tournament games.

Each team will play teams in their respective division twice and the other division once throughout the season.

Home teams **must report scores before 9:00 a.m. the day after the game.** You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report. All scores should be sent to michael.barber@psd150.org.

**Girls’ Basketball**

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

**Forfeits**

Teams **do not** receive a win if the opposing team forfeits a game. A team **does** receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. **Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.**
**Forfeit procedure**
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
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A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

**Ties**
Ties will be broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest points between the teams that tied will earn the higher place. The remaining two teams will play a one game playoff to determine the next place.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

**Girls’ Basketball Schedule**
Games start at **4:00**

<table>
<thead>
<tr>
<th>Division 1</th>
<th>Coolidge</th>
<th>Harrison</th>
<th>Lincoln</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glen Oak</td>
<td>Roosevelt</td>
<td>Trewyn</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Division 2</th>
<th>Lindbergh</th>
<th>Mark Bills</th>
<th>Rolling Acres</th>
</tr>
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<tbody>
<tr>
<td>Sterling</td>
<td>Von Steuben</td>
<td>Washington</td>
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**Girls' Basketball - Home team listed second**

<table>
<thead>
<tr>
<th>Game 1 - Monday - 9/28</th>
<th>Game 2 - Thursday - 10/1</th>
<th>Game 3 - Monday - 10/5</th>
</tr>
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<tbody>
<tr>
<td>Mark Bills @ Lindbergh</td>
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<td>Mark Bills @ Harrison</td>
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<tr>
<td>Washington @ Sterling</td>
<td>Von Steuben @ Washington</td>
<td>Lincoln @ Rolling Acres</td>
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<tr>
<td>Harrison @ Coolidge</td>
<td>Coolidge @ Lincoln</td>
<td>Glen Oak @ Sterling</td>
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<tr>
<td>Roosevelt @ Lincoln</td>
<td>Trewyn @ Harrison</td>
<td>Roosevelt @ Von Steuben</td>
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<tr>
<td>Trewyn @ Glen Oak</td>
<td>Glen Oak @ Roosevelt</td>
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<table>
<thead>
<tr>
<th>Game 4 - Thursday - 10/8</th>
<th>Game 5 - Monday - 10/12</th>
<th>Game 6 - Wednesday - 10/14</th>
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<td>Harrison @ Lindbergh</td>
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<tr>
<td>Mark Bills @ Von Steuben</td>
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<td>Lincoln @ Mark Bills</td>
</tr>
<tr>
<td>Washington @ Rolling Acres</td>
<td>Rolling Acres @ Sterling</td>
<td>Rolling Acres @ Glen Oak</td>
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<tr>
<td>Coolidge @ Glen Oak</td>
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<td>Harrison @ Lincoln</td>
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<td>Trewyn @ Von Steuben</td>
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<td>Coolidge @ Washington</td>
</tr>
<tr>
<td>Game 7 - Thursday 10/15</td>
<td>Game 8 - Monday - 10/26</td>
<td>Game 9 - Wednesday - 10/28</td>
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<tr>
<td>------------------------</td>
<td>-------------------------</td>
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</tr>
<tr>
<td>Washington @ Lindbergh</td>
<td>Lindbergh @ Mark Bills</td>
<td>Lindbergh @ Lincoln</td>
</tr>
<tr>
<td>Mark Bills @ Rolling Acres</td>
<td>Rolling Acres @ Von Steuben</td>
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<td>Coolidge @ Harrison</td>
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<tr>
<td>Roosevelt @ Harrison</td>
<td>Lincoln @ Roosevelt</td>
<td>Von Steuben @ Coolidge</td>
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<tr>
<td>Glen Oak @ Lincoln</td>
<td>Glen Oak @ Trewyn</td>
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<table>
<thead>
<tr>
<th>Game 10 - Thursday - 10/29</th>
<th>Game 11 - Monday - 11/2</th>
<th>Game 12 - Tuesday - 11/3</th>
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<tr>
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<td>Mark Bills @ Sterling</td>
<td>Mark Bills @ Roosevelt</td>
<td>Von Steuben @ Mark Bills</td>
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<td>Washington @ Von Steuben</td>
<td>Rolling Acres @ Trewyn</td>
<td>Rolling Acres @ Washington</td>
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<tr>
<td>Lincoln @ Coolidge</td>
<td>Sterling @ Coolidge</td>
<td>Glen Oak @ Coolidge</td>
</tr>
<tr>
<td>Harrison @ Trewyn</td>
<td>Harrison @ Von Steuben</td>
<td>Lincoln @ Harrison</td>
</tr>
<tr>
<td>Roosevelt @ Glen Oak</td>
<td>Lincoln @ Washington</td>
<td>Trewyn @ Roosevelt</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Game 13 - Thursday - 11/5</th>
<th>Game 14 - Monday - 11/14</th>
<th>Game 15 - Wednesday - 11/11</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindbergh @ Roosevelt</td>
<td>Lindbergh @ Von Steuben</td>
<td>Trewyn @ Lindbergh</td>
</tr>
<tr>
<td>Trewyn @ Mark Bills</td>
<td>Mark Bills @ Washington</td>
<td>Mark Bills @ Coolidge</td>
</tr>
<tr>
<td>Coolidge @ Rolling Acres</td>
<td>Sterling @ Rolling Acres</td>
<td>Rolling Acres @ Harrison</td>
</tr>
<tr>
<td>Harrison @ Sterling</td>
<td>Roosevelt @ Coolidge</td>
<td>Sterling @ Lincoln</td>
</tr>
<tr>
<td>Von Steuben @ Lincoln</td>
<td>Harrison @ Glen Oak</td>
<td>Von Steuben @ Glen Oak</td>
</tr>
<tr>
<td>Washington @ Glen Oak</td>
<td>Lincoln @ Trewyn</td>
<td>Roosevelt @ Washington</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Game 16 - Thursday - 11/12</th>
<th>JV tournament - Monday 11/16, Tuesday 11/17, Wednesday 11/18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindbergh @ Washington</td>
<td>Varsity tournament - Thursday 11/19, Monday 11/23, Tuesday 11/24</td>
</tr>
<tr>
<td>Rolling Acres @ Mark Bills</td>
<td>Semi finals and finals will be held at Lincoln Middle School</td>
</tr>
<tr>
<td>Sterling @ Von Steuben</td>
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<td>Coolidge @ Trewyn</td>
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<tr>
<td>Harrison @ Roosevelt</td>
<td></td>
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<tr>
<td>Lincoln @ Glen Oak</td>
<td></td>
</tr>
</tbody>
</table>
Girls’ City tournament information

Top six qualify

The first round of playoffs (games 1 and 2) will be played at the higher seeded school.
Semi-finals and finals will be played at Lincoln Middle School

First game 4:00

The higher seeded school will be the home team.

<table>
<thead>
<tr>
<th>Girls basketball (JV)</th>
<th>Girls basketball (Varsity)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nov 17</strong></td>
<td></td>
</tr>
<tr>
<td># 1 seed</td>
<td># 1 seed</td>
</tr>
<tr>
<td>Nov 18</td>
<td></td>
</tr>
<tr>
<td>game 3</td>
<td></td>
</tr>
<tr>
<td>winner game 3</td>
<td></td>
</tr>
<tr>
<td>Nov 16</td>
<td></td>
</tr>
<tr>
<td># 4 seed</td>
<td></td>
</tr>
<tr>
<td>game 1</td>
<td></td>
</tr>
<tr>
<td>4:00 pm, (@ Lincoln)</td>
<td></td>
</tr>
<tr>
<td>winner game 1</td>
<td></td>
</tr>
<tr>
<td># 5 seed</td>
<td></td>
</tr>
<tr>
<td>Nov 17</td>
<td></td>
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<tr>
<td># 2 seed</td>
<td></td>
</tr>
<tr>
<td>Nov 16</td>
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<tr>
<td># 3 seed</td>
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</tr>
<tr>
<td>game 2</td>
<td></td>
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<tr>
<td>4:00 pm, (@ Lincoln)</td>
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<tr>
<td>winner game 2</td>
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<tr>
<td># 6 seed</td>
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<tr>
<td>Nov 18</td>
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<td>loser game 3</td>
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<tr>
<td>Nov 23</td>
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<tr>
<td># 1 seed</td>
<td></td>
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<tr>
<td>Nov 19</td>
<td></td>
</tr>
<tr>
<td>game 3</td>
<td></td>
</tr>
<tr>
<td>4:00 pm, (@ Lincoln)</td>
<td></td>
</tr>
<tr>
<td>winner game 1</td>
<td></td>
</tr>
<tr>
<td># 4 seed</td>
<td></td>
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<tr>
<td>Nov 24</td>
<td></td>
</tr>
<tr>
<td># 2 seed</td>
<td></td>
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<tr>
<td>Nov 19</td>
<td></td>
</tr>
<tr>
<td>game 4</td>
<td></td>
</tr>
<tr>
<td>5:00 pm, (@ Lincoln)</td>
<td></td>
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<tr>
<td>winner game 4</td>
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<tr>
<td># 3 seed</td>
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<tr>
<td>Nov 24</td>
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</tr>
<tr>
<td># 6 seed</td>
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<tr>
<td>Nov 24</td>
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<tr>
<td>game 5</td>
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<tr>
<td>Consolation</td>
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<tr>
<td>4:00 pm, (@ Lincoln)</td>
<td></td>
</tr>
<tr>
<td>loser game 4</td>
<td></td>
</tr>
</tbody>
</table>
Boys’ Basketball

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits
Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played.

Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Forfeit procedure
In the event a school needs to forfeit a contest, the administrator in charge of athletics at the forfeiting school should notify the following:

1. Mr. Barber @ michael.barber@psd150.org – 309-689-1100
2. Mr. Donahue @ scott.donahue@psd150.org – 309-672-6561
3. The principal of the opposing school (by email as well as by phone)
4. richard.gould@psd150.org (school safety) – 309-672-6855

A phone call is required to the above individuals if a school is forfeiting the same day as the contest is supposed to be played.

Ties
Ties will broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest points between the teams that tied will earn the higher place. The remaining two teams will play a one game playoff to determine the next place.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may report any additional information at this time also. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

All teams shall shake hands as a gesture of good sportsmanship -- before each game. This eliminates the after game handshake. The sportsmanship announcement must be read before each game. It can be found at the back of the manual.

Boys’ Basketball Schedule
Games start at 4:00

Division 1
Coolidge
Glen Oak
Harrison
Roosevelt
Lincoln
Trewyn

Division 2
Lindbergh
Sterling
Mark Bills
Von Steuben
Rolling Acres
Washington

Boys’ Basketball - Home team listed second

<table>
<thead>
<tr>
<th>Game 1 - Thursday 12/3</th>
<th>Game 2 - Monday 12/7</th>
<th>Game 3 - Thursday 12/10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindbergh @ Mark Bills</td>
<td>Lindbergh @ Rolling Acres</td>
<td>Coolidge @ Lindbergh</td>
</tr>
<tr>
<td>Rolling Acres @ Von Steuben</td>
<td>Mark Bills @ Sterling</td>
<td>Harrison @ Mark Bills</td>
</tr>
<tr>
<td>Sterling @ Washington</td>
<td>Washington @ Von Steuben</td>
<td>Rolling Acres @ Lincoln</td>
</tr>
<tr>
<td>Coolidge @ Harrison</td>
<td>Lincoln @ Coolidge</td>
<td>Sterling @ Glen Oak</td>
</tr>
<tr>
<td>Lincoln @ Roosevelt</td>
<td>Harrison @ Trewyn</td>
<td>Von Steuben @ Roosevelt</td>
</tr>
<tr>
<td>Glen Oak @ Trewyn</td>
<td>Roosevelt @ Glen Oak</td>
<td>Trewyn @ Washington</td>
</tr>
<tr>
<td>Game 4 - Monday 12/14</td>
<td>Game 5 - Thursday 12/17</td>
<td>Game 6 - Wednesday 1/6</td>
</tr>
<tr>
<td>----------------------</td>
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</tr>
<tr>
<td>Sterling @ Lindbergh</td>
<td>Lindbergh @ Von Steuben</td>
<td>Lindbergh @ Harrison</td>
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<tr>
<td>Von Steuben @ Mark Bills</td>
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<td>Roosevelt @ Sterling</td>
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<tr>
<td>Lincoln @ Harrison</td>
<td>Harrison @ Glen Oak</td>
<td>Von Steuben @ Trewyn</td>
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<tr>
<td>Trewyn @ Roosevelt</td>
<td>Lincoln @ Trewyn</td>
<td>Washington @ Coolidge</td>
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</table>

<table>
<thead>
<tr>
<th>Game 7 - Thursday 1/7</th>
<th>Game 8 - Monday 1/11</th>
<th>Game 9 - Thursday 1/14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lindbergh @ Washington</td>
<td>Mark Bills @ Lindbergh</td>
<td>Lincoln @ Lindbergh</td>
</tr>
<tr>
<td>Mark Bills @ Rolling Acres</td>
<td>Von Steuben @ Rolling Acres</td>
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<td>Coolidge @ Trewyn</td>
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<td>Harrison @ Roosevelt</td>
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<td>Lincoln @ Glen Oak</td>
<td>Trewyn @ Glen Oak</td>
<td>Harrison @ Washington</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Game 10 - Tuesday 1/19</th>
<th>Game 11 - Thursday 1/21</th>
<th>Game 12 - Monday 1/25</th>
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<tr>
<td>Rolling Acres @ Lindbergh</td>
<td>Lindbergh @ Sterling</td>
<td>Lindbergh @ Glen Oak</td>
</tr>
<tr>
<td>Sterling @ Mark Bills</td>
<td>Mark Bills @ Von Steuben</td>
<td>Roosevelt @ Mark Bills</td>
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<tr>
<td>Von Steuben @ Washington</td>
<td>Washington @ Rolling Acres</td>
<td>Trewyn @ Rolling Acres</td>
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<tr>
<td>Coolidge @ Lincoln</td>
<td>Coolidge @ Glen Oak</td>
<td>Coolidge @ Sterling</td>
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<tr>
<td>Trewyn @ Harrison</td>
<td>Harrison @ Lincoln</td>
<td>Von Steuben @ Harrison</td>
</tr>
<tr>
<td>Glen Oak @ Roosevelt</td>
<td>Roosevelt @ Trewyn</td>
<td>Washington @ Lincoln</td>
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</table>

<table>
<thead>
<tr>
<th>Game 13 - Tuesday 1/26</th>
<th>Game 14 - Thursday 1/28</th>
<th>Game 15 - Monday 2/1</th>
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</thead>
<tbody>
<tr>
<td>Roosevelt @ Lindbergh</td>
<td>Von Steuben @ Lindbergh</td>
<td>Lindbergh @ Trewyn</td>
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<tr>
<td>Mark Bills @ Trewyn</td>
<td>Washington @ Mark Bills</td>
<td>Coolidge @ Mark Bills</td>
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<tr>
<td>Rolling Acres @ Coolidge</td>
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<td>Trewyn @ Lincoln</td>
<td>Washington @ Roosevelt</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Game 16 - Thursday 2/4</th>
<th>JV tournament - Monday 2/8, Tuesday 2/9, Wednesday 2/10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Washington @ Lindbergh</td>
<td>Varsity tournament - Tuesday 2/16, Wednesday 2/17, Thursday 2/18</td>
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<td>Rolling Acres @ Mark Bills</td>
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<tr>
<td>Roosevelt @ Harrison</td>
<td></td>
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<tr>
<td>Glen Oak @ Lincoln</td>
<td></td>
</tr>
</tbody>
</table>
Boys’ city tournament information  
Top six qualify

The first round of playoffs (games 1 and 2) will be played at the higher seeded school.  
Semi-finals and finals will be played at Lincoln Middle School  
First game 4:00

The higher seeded school will be the home team.

Boys basketball (JV)

<table>
<thead>
<tr>
<th>Date</th>
<th>Game</th>
<th>Seed</th>
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</thead>
<tbody>
<tr>
<td>Feb 8</td>
<td>Game 1</td>
<td>#4 seed</td>
</tr>
<tr>
<td>Feb 9</td>
<td>Game 2</td>
<td>#3 seed</td>
</tr>
</tbody>
</table>
| Feb 10 | Winner | #1 seed
| Feb 17 | Winner | #1 seed
| Feb 18 | Winner | #1 seed
| Feb 19 | Loser | #2 seed |
| Feb 10 | Loser | #6 seed |

Boys basketball (Varsity)

<table>
<thead>
<tr>
<th>Date</th>
<th>Game</th>
<th>Seed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 8</td>
<td>Game 1</td>
<td>#4 seed</td>
</tr>
<tr>
<td>Feb 9</td>
<td>Game 2</td>
<td>#3 seed</td>
</tr>
</tbody>
</table>
| Feb 10 | Winner | #1 seed
| Feb 16 | Winner | #4 seed
| Feb 18 | Winner | #1 seed
| Feb 19 | Loser | #2 seed |
| Feb 10 | Loser | #6 seed |

Game details:
- Semi-finals and finals at Lincoln Middle School
- First game 4:00 pm
- Higher seeded school is the home team
Please submit to the building principal following the last game of the season. The building principal is to submit to the middle school athletic director.

NAME__________________________________________

SCHOOL__________________________________________
**VOLLEYBALL (Girls/Boys)**

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

**Forfeits**
Teams **do not** receive a win if the opposing team forfeits a game. A team **does** receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played.

**Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.**

**Ties**
Ties will broken in the following manner:
- Two-way tie = head-to-head competition
- Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest points between the teams that tied will earn the higher place. The remaining two teams will play a one game playoff to determine the next place.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

Schools will have two roster, JV (5th and 6th grade only) and Varsity. JV matches will be played first followed by the Varsity match. Rally scoring will be used in all matches.

**Important roster information**
Rosters should be submitted to Mr. Barber at michael.barber@psd150.org **prior** to the first game of the season. Names for rosters should be taken from **SKYWARD** and include last name, first name, middle initial and date of birth.

**Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.**

**Transfer Students**
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

The champion from the National League (Varsity) will move to the American League the following season. The team that comes in last place in the American League (Varsity) will move to the National League the following season. Note: The JV team will play in the same league as the Varsity regardless of the place they finish in the standings.

All matches begin at 4:00. There is a two-minute intermission between games. Each team will be allowed a five minute warm-up time prior to their match.

Both JV and Varsity will play the best out of 3 games. The first two games are will be played to 25. If a 3rd game is needed, the teams will play to 15 (win by 2).
### Girls’ Volleyball

<table>
<thead>
<tr>
<th>Team</th>
<th>Game 1</th>
<th>Game 2</th>
<th>Game 3</th>
<th>Game 4</th>
<th>Game 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>American</td>
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**Girls’ Volleyball - Home team listed second**

- **Game 1 - Monday 3/1**
  - Mark Bills @ Lindbergh
  - Coolidge @ Rolling Acres
  - Washington @ Sterling
  - Harrison @ Von Steuben
  - Roosevelt @ Lincoln
  - Trewyn @ Glen Oak

- **Game 2 - Thursday 3/4**
  - Rolling Acres @ Lindbergh
  - Sterling @ Mark Bills
  - Washington @ Coolidge
  - Lincoln @ Von Steuben
  - Trewyn @ Harrison
  - Roosevelt @ Glen Oak

- **Game 3 - Monday 3/8**
  - Sterling @ Lindbergh
  - Coolidge @ Mark Bills
  - Washington @ Rolling Acres
  - Glen Oak @ Von Steuben
  - Lincoln @ Harrison
  - Roosevelt @ Trewyn

- **Game 4 - Thursday 3/11**
  - Lindbergh @ Coolidge
  - Mark Bills @ Washington
  - Sterling @ Rolling Acres
  - Von Steuben @ Roosevelt
  - Glen Oak @ Harrison
  - Trewyn @ Lincoln

- **Game 5 - Monday 3/15**
  - Lindbergh @ Washington
  - Rolling Acres @ Mark Bills
  - Coolidge @ Sterling
  - Von Steuben @ Trewyn
  - Harrison @ Roosevelt
  - Glen Oak @ Lincoln
Volleyball Tournament Information

The City Tournament will be held at **Rolling Acres**. Trophies will be presented to the four teams of the tournament.

**Championships**

**JV Volleyball Championships Wednesday 3/17 @ Rolling Acres**
American League #1 VS American League #2 @ 4:00  
National League #1 VS National League #2 @ 5:00

**Varsity Volleyball Championships Thursday 3/18 @ Rolling Acres**
American League #1 VS American League #2 @ 4:00  
National League #1 VS National League #2 @ 5:00

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**Boys’ Volleyball**

American  
Lindbergh  
Sterling

National  
Von Steuben  
Glen Oak

---

**Boys’ Volleyball - Home team listed second**

Game 1 - Thursday 4/8
- Lindbergh @ Mark Bills
- Rolling Acres @ Sterling
- Coolidge @ Washington
- Von Steuben @ Harrison
- Lincoln @ Roosevelt
- Glen Oak @ Trewyn

Game 2 - Monday 4/12
- Lindbergh @ Rolling Acres
- Mark Bills @ Coolidge
- Sterling @ Washington
- Von Steuben @ Lincoln
- Harrison @ Trewyn
- Glen Oak @ Roosevelt

Game 3 - Thursday 4/15
- Lindbergh @ Coolidge
- Mark Bills @ Sterling
- Rolling Acres @ Washington
- Von Steuben @ Glen Oak
- Harrison @ Lincoln
- Trewyn @ Roosevelt
Game 4 - Monday 4/19
Sterling @ Lindbergh
Washington @ Mark Bills
Rolling Acres @ Coolidge
Roosevelt @ Von Steuben
Harrison @ Glen Oak
Lincoln @ Trewyn

Game 5 - Thursday 4/22
Washington @ Lindbergh
Mark Bills @ Rolling Acres
Coolidge @ Sterling
Trewyn @ Von Steuben
Roosevelt @ Harrison
Lincoln @ Glen Oak

Volleyball Tournament Information

The City Tournament will be held at Rolling Acres. Trophies will be presented to the four teams of the tournament.

**Championships**

**JV Volleyball Championships Monday 4/26 @ Rolling Acres**
American League #1 VS American League #2 @ 4:00
National League #1 VS National League #2 @ 5:00

**Varsity Volleyball Championships Tuesday 4/27 @ Rolling Acres**
American League #1 VS American League #2 @ 4:00
National League #1 VS National League #2 @ 5:00
VOLLEYBALL EVALUATION

COMMENTS:

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Please submit to the building principal following the last game of the season. The building principal is to submit to the middle school athletic director.

NAME______________________________________________________________

SCHOOL____________________________________________________________
Girls’ Soccer

A sports physical is required for all athletes before they are allowed to participate in daily practice or any contest. Students are not required to have a sports physical to try out for a particular sport.

Forfeits
Teams do not receive a win if the opposing team forfeits a game. A team does receive a loss if they forfeit a game. Team rankings are based off of the number of games actually played. Teams will be charged the officials fee for games that are forfeited in every sport regardless of the reason or time of notification.

Important roster information
Rosters should be submitted to Mr. Barber at michael.barber@psd150.org prior to the first game of the season. Names for rosters should be taken from SKYWARD and include last name, first name, middle initial and date of birth.

Additions to any roster must be made before the first game of the season by sending the player’s name and information to Mr. Barber at michael.barber@psd150.org. A new player may not play until they have officially been added to the roster. All games played will be forfeited if a player submitted for approval plays before the approval is given.

Transfer Students
Students transferring between schools, or that are new to your school, may be eligible to play for the new school if the student meets all of the eligibility requirements of age, academics, etc. and is added by the first game of the season. Once the first game is played, rosters are final for the season, no additions will be allowed. In addition, the principal must notify Mr. Barber and obtain approval before the student is allowed to play in any competition.

Ties
If the score is tied after regulation, teams will compete in a 5 point shoot-out. If tied after the 5 point shoot-out, teams will alternate shoot-out kicks until a winner is determined.

Home teams should e-mail Mr. Barber at michael.barber@psd150.org to report the scores. Scores must be reported before 9:00 a.m. the following morning. You may also report any additional information at this time. Any scores that are not reported by 9:00 a.m. will be reported on the next report.

Division 1
- Lindbergh
- Coolidge
- Mark Bills
- Von Steuben
- Rolling Acres
- Washington

Division 2
- Sterling
- Glen Oak
- Harrison
- Roosevelt
- Lincoln
- Trewyn

Girls’ Soccer
Game 1 - Thursday 4/29
- Lindbergh vs. Mark Bills @ Sterling #1 - 3:30
- Coolidge vs. Washington @ Sterling #1 - 4:30
- Rolling Acres vs. Von Steuben @ Sterling #2 - 3:30
- Sterling vs. Harrison @ Sterling #2 - 4:30
- Glen Oak vs. Trewyn @ Sterling #3 - 3:30
- Lincoln vs. Roosevelt @ Sterling #3 - 4:30
Game 2 - Monday 5/3
Lindbergh  Rolling Acres  @  Sterling #1 - 3:30
Mark Bills  Coolidge  @  Sterling #1 - 4:30
Von Steuben  Washington  @  Sterling #2 - 3:30
Sterling  Lincoln  @  Sterling #2 - 4:30
Harrison  Trewyn  @  Sterling #3 - 3:30
Glen Oak  Roosevelt  @  Sterling #3 - 4:30

Game 3 - Thursday 5/6
Lindbergh  Coolidge  @  Sterling #1 - 3:30
Mark Bills  Von Steuben  @  Sterling #1 - 4:30
Rolling Acres  Washington  @  Sterling #2 - 3:30
Sterling  Glen Oak  @  Sterling #2 - 4:30
Trewyn  Roosevelt  @  Sterling #3 - 3:30
Harrison  Lincoln  @  Sterling #3 - 4:30

Game 4 - Monday 5/10
Lindbergh  Von Steuben  @  Sterling #1 - 3:30
Mark Bills  Washington  @  Sterling #1 - 4:30
Rolling Acres  Coolidge  @  Sterling #2 - 3:30
Sterling  Roosevelt  @  Sterling #2 - 4:30
Lincoln  Trewyn  @  Sterling #3 - 3:30
Harrison  Glen Oak  @  Sterling #3 - 4:30

Game 5 - Thursday 5/13
Lindbergh  Washington  @  Sterling #1 - 3:30
Mark Bills  Rolling Acres  @  Sterling #1 - 4:30
Coolidge  Von Steuben  @  Sterling #2 - 3:30
Sterling  Trewyn  @  Sterling #2 - 4:30
Harrison  Roosevelt  @  Sterling #3 - 3:30
Lincoln  Glen Oak  @  Sterling #3 - 4:30

Soccer Championships - Monday 5/17
Division 1 @ Sterling #1 – 3:30
Division 2 @ Sterling #2 – 3:30

Tournament
A post-season tournament for the top two teams in each division. Trophies will be awarded to the first and second place finishers in the tournament.
The champion from Division 2 will move to Division 1 the following season. The team that comes in last place in Division 1 will move to Division 2 the following season.

Ties
Ties will broken in the following manner:
Two-way tie = head-to-head competition
Three-way tie = head-to-head competition. If a winner cannot be determined then the team who allowed the fewest goals between the teams that tied will earn first place. The remaining two teams will play a one game playoff to determine the next place.
**Intramurals**

If a school chooses, they may join the IESA and participate in their Track and Field Program. Expenses for the program would come from each school’s individual budget. The IESA has some very definite enrollment deadlines that must be met to participate in the Track and Field Program.

If a school chooses not to join the IESA for track, then monies allocated for track could be used for such things as:
1. Track and Field Days for your school
2. Intramural Program
3. Other, submit request for approval by the building principal.

All activities should be 13.5 hours for each 1 percent of pay. A schedule and time sheet of hours worked is required to be submitted to the building principal upon the completion of the activity.
Sportsmanship Announcement

We would like to remind everyone that this athletic event is conducted under the regulations of the Illinois High School Association and Peoria Public School District 150. We invite you to watch and respectfully cheer for your team no matter where your loyalty may be. We encourage you to enjoy the contest and demonstrate the best sportsmanship possible. Please refrain from communicating with the officials and coaches before, during and after the game. Failure to adhere to this policy could result in a removal from this event.
Peoria Public Schools

Middle School Student Athlete Rules

GENERAL INFORMATION:
A Sports Physical is required of all student athletes prior to participation (first practice).

ELIGIBILITY

Age Requirement
For all JV athletic activities a student shall be eligible through age thirteen (13). If a student in an athletic activity becomes fourteen (14) at any time during the season, he/she is not eligible to participate in that activity.

For all varsity athletic activities a student shall be eligible through age fifteen (15). If a student in an athletic activity becomes sixteen (16) at any time during the season, he/she is not eligible to participate in that activity.

Attendance
To participate in any contest, a student athlete must be in attendance 50% of the day a contest is scheduled, or 50% of the day before, if a contest is to be on a non-school day. Students should be present in school by 11:00 am to be eligible to play. No student may participate if he/she is absent for the entire day of the contest. If a partial day absence is due to illness, personal, or family problems, the principal shall decide if a student may participate. Exceptions: Roosevelt and Manual Academy eligible times are 11:50 am.

Academic Requirements
Eligibility shall be determined weekly during the scheduled season. Ineligibility shall begin the Monday following the report of failing work. Grades should be reported on the last attendance day of the week.

Minimum Standards
Students who receive a cumulative semester average of an “F” in ANY subject will be ineligible for one week until the student has raised grades to have no “F’s”. Grades should be taken from Skyward. Athletic eligibility will not be based on an accumulative semester grade. Eligibility will start over every quarter (previous quarter grades do not affect current eligibility).

DISCIPLINARY ACTION:
• A student may be declared ineligible, even though academic requirements have been met, if a committed offense is considered gross disobedience or misconduct.

• A policy shall not be interpreted to prohibit a coach from dismissing a student athlete from a sport if there is a violation of the coach/school/district rules.

• The principal, or his designee, has the final responsibility for the eligibility of the student.

No students will be allowed to practice or play without this form signed and returned to the coach or principal.

I have read the district rules:

Player name:__________________________________________________

Player signature:_____________________________________________ Date: __________

Parent signature:____________________________________________ Date: __________

Parent contact info (phone number and email): ____________________________
Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

**Symptoms may include the following:**

<table>
<thead>
<tr>
<th>Headaches</th>
<th>Feeling sluggish or slowed down</th>
<th>Sadness</th>
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<tbody>
<tr>
<td>“Pressure in head”</td>
<td>Feeling foggy or groggy</td>
<td>Nervousness or anxiety</td>
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<td>Nausea or vomiting</td>
<td>Drowsiness</td>
<td>Irritability</td>
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<td>Neck pain</td>
<td>Change in sleep patterns</td>
<td>More emotional</td>
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<td>Balance problems or dizziness</td>
<td>Amnesia</td>
<td>Confusion</td>
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<td>Blurred, double, or fuzzy vision</td>
<td>“Don’t feel right”</td>
<td>Concentration or memory problems (forgetting game plays)</td>
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<td>Sensitivity to light or noise</td>
<td>Fatigue or low energy</td>
<td>Repeating the same question/comment</td>
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**Signs observed by teammates, parents and coaches include:**

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<th>Appears dazed</th>
<th>Moves clumsily or displays incoordination</th>
<th>Can’t recall events prior to hit</th>
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<tbody>
<tr>
<td>Vacant facial expression</td>
<td>Answers questions slowly</td>
<td>Can’t recall events after hit</td>
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<td>Confused about assignment</td>
<td>Slurred speech</td>
<td>Seizures or convulsions</td>
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<td>Forgets plays</td>
<td>Shows behavior or personality changes</td>
<td>Any change in typical behavior or personality</td>
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<td>Is unsure of game, score, or opponent</td>
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<td>Loses consciousness</td>
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**What can happen if my child keeps on playing with a concussion or returns too soon?**

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often fail to report symptoms of injuries. Concussions are no different. As a result, education of administrators, coaches, parents and students is the key to student-athlete’s safety.

**If you think your child has suffered a concussion**

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. IHSA Policy requires athletes to provide their school with written clearance from either a physician licensed to practice medicine in all its branches or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches prior to returning to play or practice following a concussion or after being removed from an interscholastic contest due to a possible head injury or concussion and not cleared to return to that same contest. In accordance with state law, all IHSA member schools are required to follow this policy.

You should also inform your child’s coach if you think that your child may have a concussion. Remember, it’s better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to: [http://www.cdc.gov/ConcussionInYouthSports/](http://www.cdc.gov/ConcussionInYouthSports/)

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<th>Student-athlete Name Printed</th>
<th>Student-athlete Signature</th>
<th>Date</th>
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<tbody>
<tr>
<td>Parent or Legal Guardian Printed</td>
<td>Parent or Legal Guardian Signature</td>
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